

# Winter Newsletter 2022

## Heathcote Community



*The Valley Inn - Don Donovan 1995*

# Jocelyn's Winter Waffle

Nature's cycle has moved on from the 21<sup>st</sup> of June, our mid-winter equinox, the shortest day of the year, and we have celebrated our very first Matariki public holiday. I learnt so much over Matariki about New Zealand's natural relationship with the Matariki star constellation



and I loved hearing all the stories and legends from our own country's history and also that of other countries. Perhaps next year we could create a special Matariki celebration here in Heathcote. If you have any special connections or ideas for a Matariki event get in touch with me so that we can put our creativity towards a special celebration.

Lately I have been out under the evening stars a lot more these days. I love the immense darkness with twinkling light shining through time from eons of years ago. A lot of these stars have expired and are no longer in existence. It's their light, and energy moving through time and space that resonates back to us on earth. Inspiringly beautiful and to be truthful it's a necessity to go outside at night because I have acquired a puppy buddy, that needs outdoor time before being snuggled up for the night.

Winter is an excuse for me to slow down and do all the long awaited inside tasks. Needless to say that nature also seems to slow down somewhat, with some plants and animals going into hibernation mode. I suppose that's normal but it can also be a time of feeling a bit blue, isolated or feeling unwell from viruses like Covid the flu, and tummy bugs, that tend to thrive over our

winter months. Which makes it even more important to ask for support and stay connected with our neighbours and friends even if it's just a "Hi, how's it going?" A pot of soup, some oranges, a cup of tea or meeting at a one of our cafés for hot chocolate or coffee.

Here in the Heathcote Valley we are blessed with lots of opportunities to meet up with locals in the community. There's the Valley Inn providing delicious food and a 'specials menu' five days a week. There's Silos café and the Malt Works local shops.

And there is Upshot which has finally gained consent to continue as a café and roasting coffee beans. They would like to offer a huge big thankyou to everyone for their hard core support. Heathcote has winter bowls at the sports club. A spinning group at the local St Marys church. Also at the local church there is Aikido, a preschool music group and a girl guides evening. For more information contact Hayley Wylie by email: [haylewylie@gmail.com](mailto:haylewylie@gmail.com)

In this 2022 winter newsletter edition there are some interesting articles on the history of Heathcote, the Heathcote Valley Inn story, news of the Heathcote Riding School and a new addition from the Kaimanawa mountain range, news from St Marys Church, an update from the Heathcote Valley School community liaison student, notes on Adventures with Nature and community garden, Matariki and an update of events at the Heathcote community centre.

All local stories, photos, poems and writings are welcome for the next quarterly community newsletter. The dead line for articles is the 12<sup>th</sup> September 2022.

Jocelyn





# Te Tihi o Kahukura

## Heathcote Valley School

Kia Ora!

My name is Sian Williams, and I'm the 2022 community liaison for Heathcote Valley School.

I live in Morgans Valley with my family of four and my seven pets.



Term two at HVS has been really interesting, and if anybody goes past the school they will see that it's under construction.

A new bike/scooter track and playground will be opened up, and that's got a lot of the students very excited.



*Year 7 and 8 have been studying Space and beyond so created their own planets based on if you could no longer live on Earth, with any theme of their choice. They had to consider nutrition, landscape, culture, shelter, languages and lots more.*

Our new enviro leaders have organised a trip to Birdsey Reserve to do planting.

On the seventeenth of May, we had a whole school cross country, and then a zones for the year fives and up.

While the cross country races were going on, our PALs (Physical Activity Leaders) played games with the other classes.

Some cultural activities that have opened up include band, choir, and kapa haka.

On some lunchtimes, the PALs run sporting games for the school.

Pink Shirt Day was on Monday the 23rd of May, and everyone in the school wore pink and red to support anti bullying, and a week filled with anti bullying activities followed, organised by the head leadership team.

Matariki evening is on the seventh of July, and students enjoy a long weekend with Friday the 24th of June off school.

For inquiry, each of the classes do a different subject.

The year 0-3 classes are focused on Turangawaewae, looking at the cultures of the students in our school.

The year 3-4 spaces look at super structures, and are even making bug hotels.



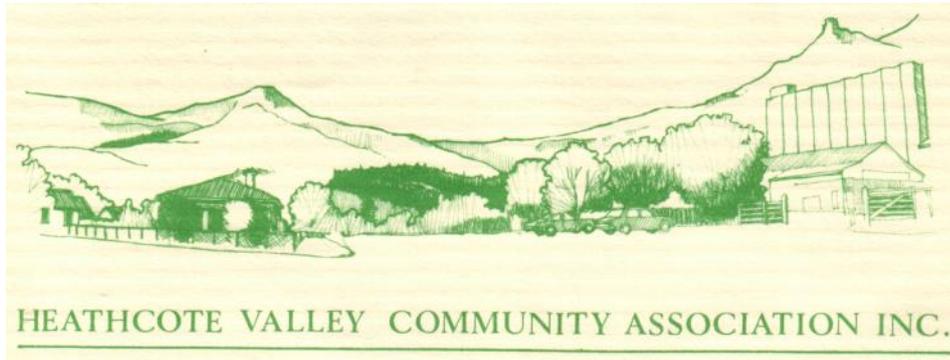
*Year 5 and 6 classes have been studying and learning lots about our Aotearoa NZ history.*

The year 5-6 classes are exploring Aotearoa histories and stories, and the year 7-8s are focusing on the world around us, learning about space and beyond.

They have designed and created their own planets.

Thank you, and wishing everyone a great year ahead.





## Mānawatia a Matariki

Ngā mihi nui koutou Heathcote whānau. (Greetings to the big wide family of Heathcote Community)

Since I last wrote, something profound has happened in the world!

That something is that the first Indigenous public holiday in the entire world has been recognised and celebrated - and that is right here in Aotearoa. Yes, I'm talking about Matariki. How do you feel about this? You may feel proud, excited, or hopeful. You may feel like it's more PC babble. You may feel ambivalent. You may feel intrigued but not sure how to find out more. You may feel confused or bewildered as to how a cluster of stars could mean so much to some.

Change is like this - it leaves us feeling so many different feelings, and often we find ourselves with different feelings and thoughts from those around us. We can find ourselves feeling frustrated, misunderstood, wanting to distance ourselves from others or even ending up in conflictual interactions because of our difference. Interestingly we also often end up gravitating towards those 'like us', who think the same as us, and this 'shores up' our position.

In much of our lives we can quite easily retreat to those who think like us and there is a comfort and validation in this. However, living in a community like Heathcote where people don't tend to live in their own isolated lives but seek out connection and community is a gift. It forces us to continue to connect with those who are different from us, who we wouldn't naturally be friends or come in contact with, who we think differently from. And to me this is a beautiful thing and an invitation. It is an

invitation to draw towards those who are different from us, who we disagree with, who we don't understand. To seek to explain how we think and really listen to how another thinks. If we are bold enough to do this, it may be a little challenging, and may cause some transitory discomfort, but I can say from much experience - that if we step towards others who see the world differently from us with a foundation of the value of each person and shared humanity that binds us all, we reap the benefits. We stretch ourselves and learn and are enriched.

Whatever your feelings this season of Winter and of Matariki, I want to encourage you to step toward another who thinks differently from you, step toward understand a different world view. And if I can give you some advice as to how to navigate this space - stick with telling stories of your experiences, and really listen - listen to understand rather than to reply.

If you wish to explore more about Matariki there are many resources online but here are a couple I can recommend:

[Matariki Day explained](#) (find this on YouTube by searching Matariki Day explained Hahana)

[Matariki Traditions](#) (find on YouTube by searching Matariki Traditions Hahana)

[Rangi Matamua Matariki](#) (Rangi Matamua is one of the main Mātauranga Māori (Maori knowledge) scholars who is an expert in Matariki. You will find many of his talks on YouTube)

Mānawatia a Matariki (Happy Māori New Year)

Sooze Harris  
(Co-Chair HVCA)

# Matariki Fortune Teller

For more children's activities, check out the Christchurch City Libraries website.

**1** **Tahi** **MA** **WAITĪ**  
 AROHA MAI, AROHA ATU  
 Be kind to yourself and others

**2** **Rua** **MA** **WAITĪ**  
 MATARIKI KANOHI ITI  
 Attention to detail

**3** **Toru** **TA** **WAITĀ**  
 TE OPE O TE RUA MATARIKI  
 A company of remarkable individuals

**4** **Whā** **TA** **WAITĀ**  
 MAURIA TE PONO  
 Believe in yourself

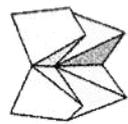
**5** **Rima** **RI** **TUPU-Ā-RANGI**  
 TUKUA KIA TŪ  
 TAKITAHĪ NGĀ WHETŪ  
 O TE RANGI  
 Let each individual  
 stand out and be their  
 own person

**6** **ono** **RI** **TUPU-Ā-RANGI**  
 KA MAHI NGĀ KANOHI  
 TIKONGA A MATARIKI  
 Wakeful and alert at night

**7** **Whitu** **RI** **TUPU-Ā-RANGI**  
 KIA NGĀKAU MAHAKI  
 Always be humble

**8** **Waru** **RI** **TUPU-Ā-RANGI**  
 KUA HAEHAE NGĀ HIHI  
 O MATARIKI  
 Always be grateful for the  
 blessings you receive

**the nine stars of Matariki**



## How to make a Fortune Teller

- Fold in half and unfold. Repeat in the other direction.
- Flip the paper over. The side with the design should face the table.
- Fold the corners to the middle.
- This is what you should see.
- Flip the paper over.
- Fold the corners to the middle again.
- This is what you should see.
- Fold in half.
- Push your fingers in and wiggle them to open up your fortune teller.

# Heathcote Valley to Avoca Valley Adventures with Nature Green Projects - Winter 2022 Update



*Rauparaha's copper butterfly*



*Red Admiral butterfly*



*Southern blue butterfly*

## Winter Ramble

*By John Marsh*

Spend a few hours wandering off the beaten track on the grassy slopes of our local valleys and you are bound to be engaged by a number of other creatures sharing it with you. Not quite the Serengeti, but there is a lot to be looking out for.

Of the birds, there is always *kahu* the harrier hawk soaring up high or gliding quietly above the tussock in search of prey. Sometimes you will see them in aerial combat with angry spur-winged plovers or magpies. They seem to shrug these attacks off and carry on with quiet confidence.

There has been mention of *kārearea*, the NZ falcon sighted at the top of Avoca Valley recently too, and there are often a few *kotare* the kingfisher, flying straight and fast....or sitting on a post. You will see greater numbers of the *warou* or welcome swallow and small flocks of European greenfinch feeding in the grassland.

On hot sunny days down close to the ground there are the butterflies. The common copper, southern blue or red admiral.

There are also skinks and geckos in the grass and tangled vegetation, and Australian tree frogs.

But most noticeable on a dry sunny day over the last two years are these big grasshoppers. They suddenly fly up out of the grass when disturbed like a small drone and zoom away to hide elsewhere. Well.....not grasshoppers I am told, but locusts. The "migratory locust" I believe, which occurs throughout Australia, Asia and Africa. These impressive brown- gold insects are 60mm to 80mm long from head to tail but seem much bigger when on the wing. Sometimes on warm days there will be heaps of them.

Reports suggest that these have been more prolific in recent years due to the warmer summers we have been experiencing. So far they haven't taken on the gregarious habit they have exhibited in Africa where they breed profusely, then swarm, destroying crops and vegetation.



*The migratory locust*

We are now back, deep in planting season and kowhai, kanuka, totara, and many more species are being planted every week in our valleys and reserves. There are heaps of opportunities to get involved in volunteering here if you are keen.

Get in touch with the contact persons to see how you can best fit in, or watch for upcoming planting dates on the Heathcote Google Group bulletins.

## Bridle Path Reveg Planting (Heathcote Community)

*By Tasmin Page*

Winter's nip was in the wind and brief showers when we kicked off the planting season up at the Bridle Path

site in May this year. Thanks to the awesome efforts of a small but efficient and hard-working crew, including some very helpful rangatahi, we got all 300 of this year's trees planted on the first planting day. A repeat from last year – so if you're keen next year, might be a good idea to try to get to the first day! Thanks also to CCC ranger Di Carter for organising the trees.

Great to get the trees in relatively early this year, thanks to the good late summer rain. They should have a good few months to get their roots down and established.



We will hold a working bee or two around October (or as needed), to do some spring releasing and re-mulching, so I will send a notice out then. It'd be great to get a bigger team committing to the follow-up work of releasing, mulching and watering, as well as the planting. This follow-up work is really important to optimising survival rates in those crucial first few years.

If you would like to get involved in helping with watering, weeding/mulching, planting prep and/or planting at this site, please get in touch with Tamsin Page ([tamsin.page@gmail.com](mailto:tamsin.page@gmail.com) or 0276423555).

## **Birdsey Reserve Reveg Planting (Heathcote Valley School and Sumner Girl Guides)**

*By John Marsh*

*The Guides* - Back in the winter of 2021 a young girl, Ava from Hagley High School, was doing a school project on the many effects of global deforestation. This had a profound impact on her and she decided that she needed to do something "local and practical" about it to help restore habitat for native birds.

She spoke with the guys at Trees for Canterbury Nursery in Ferrymead who suggested she get in touch

with the Heathcote Valley native revegetation network. This was because Ava was also a young leader at the Sumner Girl Guides unit that meet in Heathcote each week.

With the help of her Guide unit, their families, H.V. locals and CCC ranger they organised a working bee at Birdsey Reserve last September, planting out an area that had previously been infested with boxthorn and fennel. With several weeding and watering sessions over the recent summer and autumn, and the great growing season they had, these plants are now well established.



In early June this year, Ava and the team returned and planted another 100 trees.

This is a great initiative by a young person who wanted to contribute something positive. She started with a thought and grew it into a small forest. Just shows that everyone can do their bit if they really want to, and there are plenty of people out there happy to help along the way. Good on you Ava.

*The School* - At the end of June, Heathcote Valley School Enviro Group also returned to Birdsey Reserve. This is the fourth season they have been planting here and their efforts are now beginning to show, with almost all the existing "bush" areas full of young trees amongst the 20 year old council plantings.

The following are comments from student leaders of the Enviro Group :

*“Every year we get to go to Birdsey Reserve and help plant, water and feed plants. This is a lot of fun and gives students the chance to get involved in outdoor opportunities that they don't get to do outside of school. Lots of families don't take their children out to do that kind of thing. This is really important in helping them understand and get hands-on in a sustainable way. Two of the Enviro school principles are:*

- *Empowering students and*
- *Learning for sustainability.*

*Birdsey makes us feel like we are making a difference and taking action towards helping our environment. It would be amazing to see more planting in the Port Hills.”*

Spoken like true *kaitiaki*. Thank you to all these young helpers, teachers and all those who have supported the planting days.

If you would like to get involved in helping with future planting days or watering in summer at this site, please get in touch with Tamsin Page ([tamsin.page@gmail.com](mailto:tamsin.page@gmail.com) or 0276423555).

## **Birdsey Reserve (CCC Landscape Plan Update)**

*By John Marsh*

The City Council put out its draft landscape plan review for Birdsey Reserve in Spring 2021 with submissions closing last November.

Following public submissions and some minor revisions to the plan, the Waikura-Linwood-Central-Heathcote Community Board discussed the plan at its meeting on 18<sup>th</sup> May this year. They were advised by the CCC Engagement Officer that the “submission feedback analysis” shows that there is strong support for stage one of the proposed landscape plan (ongoing native revegetation plantings and community “food forest” development), but only about half of the submitters support stage two of the plan (development of a dog park). A high percentage of these were from outside Heathcote rather than local residents.

There was discussion around various aspects of the dog park, including traffic impact, alternative sites, funding

(there is no funding currently set aside for this work in the 2021 – 2031 Long Term Plan) and alternative uses for the site.

The Board’s decision was to approve the plan without the dog park and to proceed with stage one of the plan, which is essentially community driven.

City council staff have been instructed to investigate other potential sites in the south and east of the city for a dog park.

## **Duncan Park**

*By John Marsh*

Planting is under way for the seventh year amongst the gorse on the Duncan Park spur, and will be carrying on till mid-August. This happens on Friday afternoons with a solid core of locals and various business groups joining them from time to time.

Planning is also afoot for more planting over on the Duncan Park/ Avoca Stream boundary sometime in July. Much clearing and weed control has gone on here and hopefully a new boundary fence organised by the Pony Club and CCC should appear soon. This will separate the public walkway and equestrian activities.

Anyone happy to spend a couple of hours on a Friday afternoon planting, please contact John at [jmarshtree@gmail.com](mailto:jmarshtree@gmail.com) .

## **The Avoca Stream Care Group**

*By Brigid Casey*

A couple of events coming up for Avoca Valley residents.

### **Reveg Planting Day**

On Sunday July 24<sup>th</sup> from 1.00 pm – 4.00 pm, there will be a planting on Tussock Hill Farm at the end of Avoca Valley Road. This is one of a number of planting days the Summit Road Society is running in the Linda Woods Reserve but this one is focussed on the local community in Avoca Valley. We plan to finish off the planting we started in 2021 with another 360 plants.

Bring you gloves and a spade and catch up with your neighbours.

### **Predator Trap Building Day**

There is also going to be a trap building day hosted at Three Boys Brewery for Avoca Valley residents - the

date is not yet confirmed but probably sometime in August. If you would like any information about either event give Brigid (021 615 637) a call or send an email [brigid.casey.mail@gmail.com](mailto:brigid.casey.mail@gmail.com)

## Linda Woods Reserve

### Summit Road Society

#### Horotane and Avoca Valleys

*By Marie Gray – Summit Road Society*

**Avoca Valley Planting.** This year we are planting nearly 30,000 native trees and waterway margin plants in Avoca Valley thanks to generous support from the Department of Conservation, ECAN and other funders. The majority of these plants will be planted by Wai-ora Forest Landscapes staff as part of the “Jobs for Nature” scheme. The balance will be planted by volunteers, who have already planted over 1000 trees in the lower slopes of the valley this year.



*Volunteers at work planting kanuka above Avoca Valley in late May 2022*

Our regular volunteer work party has been hard at work clearing weeds and supporting the volunteer planting programme. The group meets fortnightly on a Wednesday morning. Work includes weed control, track maintenance, planting and general reserve maintenance. If you are keen to join, please contact Graeme Paltridge on [graeme\\_sue@slingshot.co.nz](mailto:graeme_sue@slingshot.co.nz).

We are running a Givealittle page to help fundraise the remaining money needed for this year’s planting project. If you can help, please check out <https://givealittle.co.nz/cause/avoca-valley-2022> Every little bit counts.

**Predator trapping.** Boffa Miskell are helping to develop a predator control plan for the reserve,

focusing on possums, rats and mustelids. Possums are a threat to our newly planted trees and we have the opportunity to build in a predator control network right from the start. We are also encouraging predator control in adjacent reserves and households through our Predator Free Port Hills programme.

We are also in the final stages of placing a QEII covenant over Avoca Valley. This will ensure that remnant vegetation on the rocky bluffs and our newly-planted forest will be protected in perpetuity.

Sincere thanks to our hardworking volunteers who support our work in Linda Woods Reserve.

## Predator Free Port Hills

*By Marie Gray, Predator Free Port Hills*

With predator control ramping up in nearby reserves, backyard trapping is even more important. We need landscape-scale predator control to reduce predator populations and bring back native birds, lizards and invertebrates to our neighbourhoods.

We sell a range of traps at subsidised prices and run regular trapping workshops and events. We now have over 1200 households trapping on the Port Hills. Please join us by signing up to our website

[www.predatorfreeporthills.org.nz](http://www.predatorfreeporthills.org.nz)



*Trap building day in Heathcote February 2022*

We held a trap building day in Heathcote Domain in February and had a fantastic turnout. Local residents built wooden tunnels which contain a victor rat trap. This is an excellent introductory trap for people keen to get started with backyard trapping. We hold several trap building days a year across the Port Hills and Lyttelton Harbour. Please check out our Facebook page for upcoming events. <https://www.facebook.com/PredatorFreePortHills>

A big thank you to our volunteer coordinators and our many backyard trappers who are helping to make our vision of Predator Free Port Hills a reality.

## Ferrymead Heathcote Saltmarsh

By Rachel Barker

Restoration continues to be all quiet on the Saltmarsh front. This is just how it's meant to be, according to Andrew Crossland of the Christchurch City Council.



*Cotula coronopifolia* – brass buttons

covers to protect plants from browsing rabbits and hares. While this has stopped much of the grazing, winds have buffeted and torn the cardboard. Perhaps using mesh plant protectors would have worked better!

Please join us on our next planting date. Just turn up!  
Or contact [rachelmarybarker@gmail.com](mailto:rachelmarybarker@gmail.com)

**Next planting:** Friday 12 August, 9.30- 11.30 am

**Where:** Just off the Tunnel motorway, near the very tall pine trees and walking track.

### Restoration amongst the ponds

The Ferrymead Heathcote Saltmarsh is largely restoring itself amongst shallow ponds created by the Council. Just off the Tunnel Road motorway near the roundabout over the Ōpāwaho Heathcote River you'll see these ponds fill daily with saltwater from the tide that pushes up the river. The saltwater creates the conditions for salt-tolerant plants to naturalise, such as the beautiful wee "brass button" plant, *Cotula coronopifolia*. Another plant that proliferates is the distinctive saltmarsh ribbonwood, *Plagianthus divaricatus*.

### Restoration on higher ground

Meantime, a group of us are planting the higher ground. Thanks to helpers from Heathcote Valley and beyond, Council Rangers, and Conservation Volunteers NZ we're gradually planting coastal shrubs on slightly higher ground. We've experimented with cardboard



Volunteers mulching day.



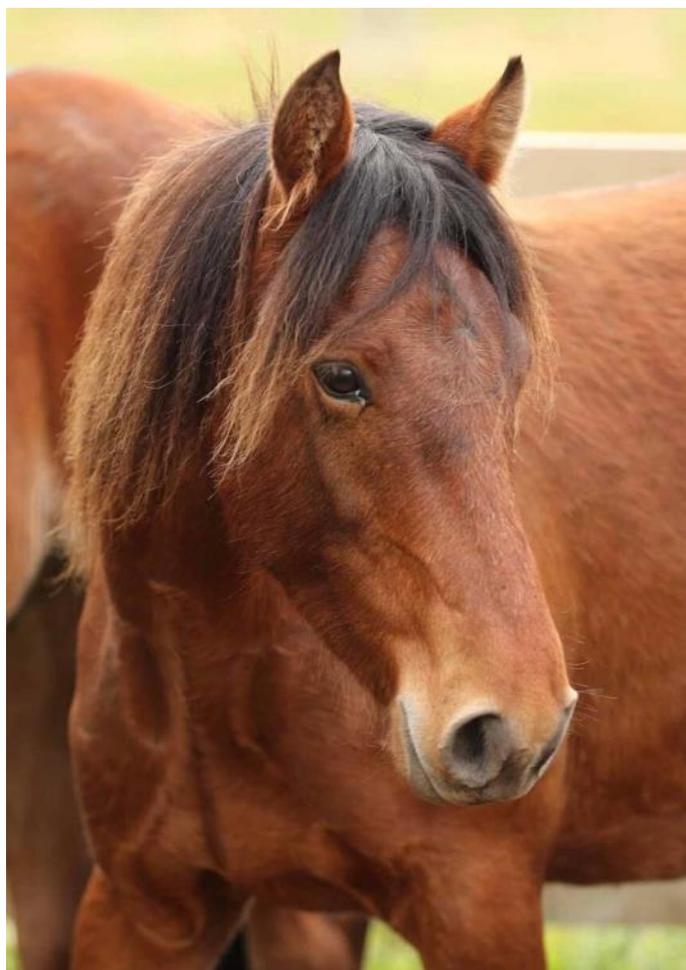
# Foxy Muna

*By Jenny Bradley*

You may have seen the news stories about the annual muster of the Kaimanawa horses and how many of them needed homes. At the Heathcote Valley riding school many fundraising events were held to enable us to provide a home for one and last month the manager and head instructor, Emma, travelled to the North Island to meet Muna, the wild horse that had been drawn for us in the muster.

He was very shy and afraid as it turned out he was from the far reaches of the Kaimanawa ranges and had likely had no human contact at all. The horses were kept in yards at the property of the Wilson sisters who have been involved with the rehoming of the Kaimanawas for some time. You may remember the TV show 'Keeping Up With The Kaimanawas' in which the sisters tamed several of the horses.

Emma had just a month to make a strong enough bond with Muna so that he would trust her enough to wear a halter and be handled. Unlike many of the other people training this year's muster horses, Emma was faced with bringing her horse back in an 800 kilometre float ride that included crossing Cook Strait on a ferry, a hard journey for any animal.



*Foxy Muna*



*First touch.*

After many days of quietly connecting with him, Emma finally got to touch Muna's nose and from then on rapid progress was made. After another week, Emma was able to touch Muna all over, put a halter on and take him for long walks around the property, ending up with a ride on a float. He was now ready to start his

long journey to his new home. The journey was long and arduous, but spread over three days. Muna was able to graze and rest each night in borrowed paddocks and seemed completely unfazed by the journey. He will now be known as Foxy Muna in tribute to David Fox, a well-known local business man who gave invaluable help and support in our efforts to keep Upshot Coffee operating at the riding school.

He is now in a quiet paddock with one companion, a young horse which was bred at the riding school. He is being gently handled most days by Emma, is slowly meeting other horses and has had his very first feed out of a bucket. It's amazing to think he has never seen any man-made object until now, and putting your head into a bucket is a very scary thing when you are a flight animal.

Work will continue for a long time before Foxy Muna is ready to be ridden and we will post updates on the Heathcote Valley Riding School Facebook page as well as in this newsletter. The journey from wild stallion to riding school pony will be amazing to watch.

Well done, Emma.

# The Valley Inn

*By Steph, Office Manager, Calvert Hospitality*

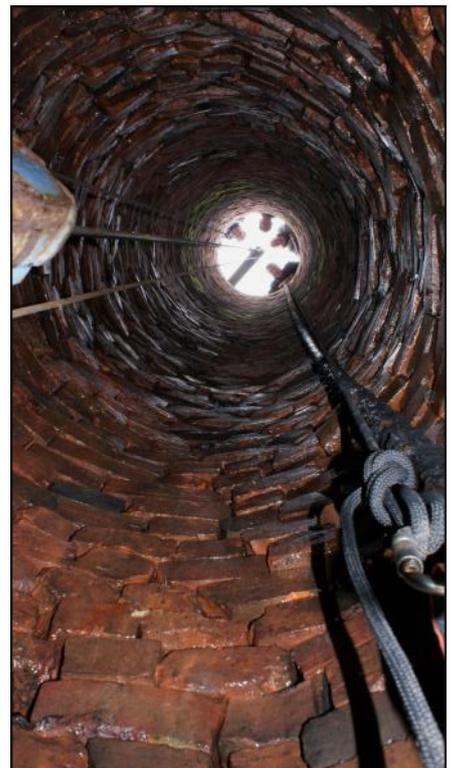
The Valley Inn Tavern has been servicing the locals for over 130 years. Its vast history can be found around the walls of the pub and the water well, turned bar leaner, in the middle of the building is a nod to days gone by. The building has been rebuilt after the September 2010 earthquakes but has been kept in the same triangular style as the original.

The tavern is nestled in the heart of Heathcote. This makes it both a destination for many that travel to enjoy the offerings and atmosphere but also a secret haven for the locals to enjoy. The Valley has a long history and many of our elderly customers who come to enjoy lunch and dinners



often tell stories of the parties and fun they had in the barn of the old pub. Combined with the history displayed on the walls, for many it provides a great location for a walk down memory lane.

The Valley has a fantastic courtyard featuring two stately pepper trees. Over the years it has become the perfect place to enjoy a relaxing drink and eats with the family while the kids play and climb.



*The water well, turned bar leaner, in the middle of the building is a nod to days gone by. View from below.*



*The Valley in was destroyed by the Christchurch earthquakes*

For those who enjoy a punt, the tavern hosts two TAB self service terminals and TVs and a small number of poker machines. There are plenty of TVs situated around the bar for sports watching, often drawing large crowds for the rugby and boxing.

The Valley has always been the hub of the local community

supporting fundraising events to weekly raffles run in support of local initiatives including the local school.

With the exception of the last few years (due to COVID) the Valley locals organise and host the local ANZAC service and breakfast. The service is carried out at the cenotaph at the end of the street and the brass band marches all who have attended the service back to the Valley courtyard to enjoy a gold coin donation BBQ breakfast cooked by the locals, at times attracting 500-plus people.

Owners Dean and Genaea are always willing to jump on board with any project or fundraiser for the local community, recently donating 50c of every jug of beer sold to raise funds for the rebuild of the Heathcote School pool.

During recent lock-downs Dean initiated a collection to support the City Mission. This was not lost on the tight knit Heathcote community with an out pouring of donations and a generous \$1000 worth of groceries donated by the Valley itself.

We like to think that we can give back to the community in appreciation of their continued support, and that the memories, friends and locals will be carried on for generations to come.



*Feeding the crowd after an ANZAC service.*

## Granny's Soup



The best time of year are those cold winter months when Granny brings her homemade soup for lunch.

Delicious, belly warming, healthy, hearty goodness. It smells so yummy and tastes even better!

Memories are made as we sit together and devour the goodness. Smiling, laughing and filling our tummy's with homemade love.

Thank you Granny  
Love Levi & Isla

# What's on at Your Community Centre?



As much as I like a good clear, crisp, sunny day I'm really not a Winter person so I love getting the shortest day of the year ticked off! Bring on the longer and warmer days ahead.

One thing I am grateful for in Winter is to have the lovely warm modern space of our community centre. The view to the hills and Castle Rock is unbeatable and the afternoon sun streams in through the windows. If you have things to celebrate in the Winter months don't forget that you can hire the community centre for private events. We have a full kitchen, a ceiling-mounted projector, and tables, chairs, beanbags and a whiteboard for you to use. If you are interested in using the centre just pop me (Jen) an email: [hvcc.bookings@gmail.com](mailto:hvcc.bookings@gmail.com)

After all the ups and downs of Covid alert levels it is great to be in a position to offer some regular classes and get-togethers again. One of my favourites is Wednesday morning tea – there is nothing better than sharing a cuppa and hot cheese scones with great company. Anyone is welcome to pop in and there is no charge – it is very casual and there are always lots of friendly faces (and home baking of course!).

We have now also got a great range of weekly classes back up and running and we often host a number of interesting workshops including floristry, quilting, workshops for girls, and tea ceremonies. Keep an eye out on Facebook, our website, your local noticeboards and the e-mails from Jos for information on these.

Our regular schedule includes:

## **Craft Group**

Mondays 10am-12pm: Enjoy knitting, crocheting or sewing with a wonderful group of ladies each Monday. \$3 per session and morning tea and great company provided.

## **Community Morning Tea**

Wednesdays 10am-12pm: Come and join us for a cuppa, some home baking and plenty of good company. Everyone is welcome, come alone or bring a friend. No charge. Please note that we usually take a break from Wednesday morning teas in the school holidays.

## **Tradie Yoga**

Mondays 6pm-7pm: Keep your body and mind healthy with this great yoga class designed for tradespeople (and anyone else interested!). Contact: Michele ([mlaingphysio@gmail.com](mailto:mlaingphysio@gmail.com))

## **Santasha Yoga with Breeze**

Tuesdays 6pm-7.30pm: Small group yoga designed for all ages and stages. Connect with your body, de-stress and get stronger and more flexible. Contact: Breeze ([yogawithbreeze@gmail.com](mailto:yogawithbreeze@gmail.com))

## **Yoga with Lucy**

Wednesdays 6pm-7pm: These classes are suitable for all levels of experience, and a wide range of ages. The focus is on linking the breath with our practise, flowing and stretching through a mostly simple range of asana (poses) the outcome of which brings you into a good alignment with your centre. Contact: Lucy ([lucydolankang@gmail.com](mailto:lucydolankang@gmail.com))

## **Circuit Class with Heidi**

Fridays 9am-10am: A fun and friendly circuit class with an experienced and caring instructor. Contact: Heidi ([Heidi.anderson1961@gmail.com](mailto:Heidi.anderson1961@gmail.com))

## **Movement Rewired with Nicky**

Fridays 11am-12.30pm: These are gentle floor-based lessons that will help you to improve your overall well-being. They utilise gentle movement, mindfulness and breathing approaches which are suitable for all age groups and all levels. Contact: Nicky ([nickywoodwardnz@gmail.com](mailto:nickywoodwardnz@gmail.com))

### Puppy Training with Sit Happens

Thursday evenings and Saturday mornings: We are very lucky to have Sit Happens and their puppy classes at the Heathcote Valley Community Centre. The Sit Happens team are passionate about puppies so if you are looking for a pawesome puppy class, head over to <https://www.sithappens.co.nz/puppy-classes>

### Quilting Workshops

Kirsten Duncan is an internationally recognised quilter and we are grateful to have her running regular workshops at the Heathcote Valley Community Centre. Her work is exhibited, published and collected so you couldn't get a better tutor. You can find out more here <https://www.kirstyduncanquilt.com/> and contact Kirsten ([kirstenduncanquilter@gmail.com](mailto:kirstenduncanquilter@gmail.com))

### Celebration Day for Girls

Alice Tabak runs these amazing one-day workshops that educate and empower girls about their menstrual cycle, body literacy, health, self-care and well-being. Groups are kept small so be sure to book your daughter in soon. Contact: Alice ([cdg.alicetabak@gmail.com](mailto:cdg.alicetabak@gmail.com))

### Mikaku Tea Workshops:

We love having Leeya from Mikaku Tea at our community centre with her fabulous Tea Workshops where you can blend your own tea and take part in a tea ceremony. <https://www.facebook.com/Mikakutea>. Contact: Leeya [hello@mikakutea.co.nz](mailto:hello@mikakutea.co.nz)

## Recipe

### Vege Burgers

- 425G tin red kidney beans
- 1/2 onion, chopped
- 1 clove garlic, crushed
- 1/2 cup fresh breadcrumbs
- 1/2 cup rolled oats
- 1 tsp chilli sauce
- 1 tbsp sweet fruit chutney
- 1 tbsp pesto (optional)
- Breadcrumbs for coating



Drain the beans. Put all ingredients in a food processor and chop on pulse to combine. Make sure you don't puree the mixture, it should be firm enough to mix into 4-6 balls. Flatten each ball and coat in breadcrumbs. Cook in a little oil until lightly browned.

Serve in a bun with salad and sauce or chutney, or if you prefer something different, use lettuce leaves instead of buns.

## Poem by Maya Swann

### Winter

The trees quietly sway  
waiting for

Spring to come and wake  
them up.

The frost feels like a tiny  
blizzard as it dissolves in  
my hands.

Short days mean that the nights feel much longer.

We can also see the snow on the mountains

And if we are lucky we could get snow down in the valley.

We all love winter.



## Thank You!



A huge thank you to the **Valley Inn Tavern** and to **Upshot Coffee** for very generously donating some gift vouchers to the Community Association. The vouchers will be used to reward deserving locals who have contributed to our community.

If you would like to nominate somebody to receive a voucher, please let one of the HVCA committee know, or send an email to: [heathcotevillageproject@gmail.com](mailto:heathcotevillageproject@gmail.com)

Recipients need to be individual people who live in the valley (i.e. not a business or organisation), who have recently done something good for the community or their neighbours.

# Living in Hammerton

By *Barrie Woods*

Did you know that Heathcote was originally known as 'Hammerton'? This was the name of the 150 acre property owned by the early pioneer, Isaac Cookson, in the area we now know as Heathcote Valley. Hammerton Lane, as you might have guessed, takes its name from this property.

The Cookson family arrived in Lyttelton aboard the *Dominion* on 28 August 1851, and first lived in London Street. Within a short time they moved to the Christchurch side of the Port Hills, where they named their property "Green Hammerton" after the village of the same name in North Yorkshire, England. Early maps show Green Hammerton encompassing the land at the head of the valley.

Isaac Cookson, together with a Mr S Fisher, were responsible for bringing the first bee hives to Christchurch in January of 1852. The hives were brought down from Nelson on board a ship called the *Mary*. They had one hive each, and presumably Mr Cookson's was kept at Hammerton.

Isaac Cookson became a Justice of the Peace in 1852 and represented Lyttelton on the Canterbury Provincial Council from 1853 to 1861. In 1859 he became the first president of the Canterbury Chamber of Commerce. Cookson also served as a Member of Parliament from 1860 to 1863, firstly representing the Christchurch Country electorate, and then Kaiapoi. As well as having the Hammerton property, Cookson, together with business partner William Bowler, purchased two large runs in North Canterbury, however they only held them for a year.

The Cooksons left New Zealand in 1863 when they received news that their only daughter had fallen ill in Europe. Sadly she died before they could see her and they never returned to New Zealand, nor to Hammerton.

Heathcote Valley is named after Sir William Heathcote, a British landowner and Conservative politician. He became a member and secretary of the Canterbury Association in 1848. Interestingly Sir William Heathcote

never set foot on New Zealand soil, though he did have a prominent role in the early settlement plans for Christchurch.

The name Heathcote was originally given to the Heathcote River (Ōpāwaho) by Captain Joseph Thomas, who was the chief surveyor for the Canterbury

Association. Captain Thomas was responsible for naming many of the features in the Canterbury region (rivers, hills and some proposed towns) and most of the names he chose were attributed to prominent Englishmen of the time, many of whom were members of the Canterbury Association. It seems Heathcote Valley was probably also named at this time (1848), but there was no settlement here as the first permanent settlers had not yet arrived.

For many years, Heathcote was associated with a much larger area as covered by the Heathcote Roads Board and then, later, the Heathcote County Council. This encompassed most of the southern part of modern Christchurch city, from Ferrymead through to Cashmere. Heathcote became a county in 1911, separate from Christchurch City, and was not abolished until the 1989 local government reforms. Older readers may remember the old Heathcote County Council offices at the present site of the South Library in Colombo St.

Isaac Cookson was one of the first and perhaps the largest landholder in Heathcote Valley, and during his tenure there were probably just a few cottages and a hotel. The railway was soon to be built and in 1859, the Provincial Council referred to the requirement for "not more than five acres for a station at Green Hammerton".



*Sir William Heathcote*

III. Provided that not more than ten acres shall so be taken for a station at Christchurch, and not more than five acres for a station at Green Hammerton: and that the width of the land so taken between Christchurch and Green Hammerton stations shall not exceed twenty-two yards, with such additional width as may be necessary for making the fences, ditches, and slopes of the cuttings and embankments of the railway.

*Lyttelton Times, 17 December 1959*

Anticipating interest in land in the valley, Cookson offered his estate for sale in 1860. He described it as having "a good mansion house, with well stocked garden and several paddocks; and the inn, situated at the foot of the bridle path, and known as Martin's Cottage". However the property didn't sell.

---

**TO BE SOLD.**

**GREEN HAMMERTON ESTATE.**

**T**HIS well known property is situated in the Heathcote Valley, and comprises 150 acres freehold, and pre-emptive rights adjoining. A good mansion house, with well stocked garden and several paddocks; and the inn, situated at the foot of the bridle path, and known as Martin's Cottage.

Apply to

**MR. ISAAC THOMAS COOKSON,**  
Lyttelton.

March, 1860.

*Lyttelton Times, 14 March 1860*

The first sod was turned for the railway tunnel (Moorhouse Tunnel) on 13 July 1861, marking the start of big things to come. Cookson came up with a new plan to sell his land and turn a profit from the growing activity in the area. On the 15th of June 1863 in an article in the Lyttelton Times he announced:

---

**NEW TOWNSHIP IN THE HEATHCOTE VALLEY.**

**H A M M E R T O N .**

**M**ESSRS. J. OLLIVIER & SON have been favored with instructions from I. T. Cookson, Esq., to sell by Public Auction, on an early day, all those valuable Sections of LAND, as now laid out, in the Heathcote Valley, and immediately adjoining the site of the Lyttelton and Christchurch Railway Terminus, consisting of Quarter-acre and other allotments, fronting on the Hills Road to Christchurch.

The locality of

**HAMMERTON**

*Lyttelton Times, 9 May 1863*

The article advertised the sale of allotments adjoining the site of the new Lyttelton and Christchurch Railway Terminus, forming part of the Green Hammerton Estate of I T Cookson Esq. The first sales were to take place by auction at Birdsey's Valley Hotel at noon on Friday, June 26. The location of the new township was to be south west of the railway line, along Port Hills Road (called Hills Road at the time). The sections were slow to sell, perhaps because there was so much other land available to choose from in the wider district.

There also seems to have been some controversy around Mr Cookson selling a large portion of his land to the government for an undisclosed sum, which was frowned upon as he was a sitting MP at the time. This portion of land is now the domain and playing fields.

In 1874 another 'township' (these days we would call it a subdivision), named St Kilda, was announced for the Heathcote Valley, with frontages to the Railway station.

---

**TOWNSHIP**

OF

**S T. K I L D A .**

**M**R CHARLES CLARK is instructed by the proprietor, A. L. Smith, Esq., to offer

**FOR SALE, BY PRIVATE TREATY,**

**THE**

**TOWNSHIP OF ST. KILDA,**

Situated in the Heathcote Valley, in blocks of a quarter and half-acre sections.

**THE PROPERTY**

Fronts on the Heathcote Valley Railway Station, and is bounded on all sides by the Government road.

**TERMS OF PAYMENT :**

One-fourth cash; remainder by instalments, extending over three years, bearing interest at 8 per cent, purchaser having option to pay off the balance of purchase money at any time.

**THIS BLOCK**

Comprises the whole of the Land in this desirable neighborhood that is open and suitable for building sites.

Plans can be seen at

**MR C. CLARK'S OFFICE.**

No 848

3-4 2539

*Press, 4 March 1874*

These properties will have been along Station Road, Flavell, Marsden and Rollin Streets. The street names were different at the time, with Smith (now Flavell and Rollin) and Vogel (now Marsden) Streets appearing in early advertisements. The sections were offered by Alfred Lee Smith, the proprietor at the time of the Wincolmlee Brick Kilns and the Wincolmlee Malt Kilns in the valley. Quite possibly he had purchased the land from the earlier sale of the Green Hammerton estate. Take note that the interest rates were 8% at the time!

The first store in Heathcote was opened in the new St Kilda township by Mr George Wilson who, when he put it up for sale in 1877, claimed it was the only store "within an area of nearly four miles". It had a corner frontage facing directly onto the railway station.

The store was likely located at what is now 16 Station Rd, and so remained the commercial centre of the township right up until the 2011 earthquakes.

#### TO STOREKEEPERS AND OTHERS.

**T**O LET OR FOR SALE,—The ST. KILDA STORE, Heathcote Valley, now in the occupation of Mr George Wilson. These valuable premises, now in a rising district, command nearly the whole trade round, being the only store or place of business within an area of nearly four miles, and consists of shop, sitting-room, bedroom, kitchen, and store-room. The house is a substantial one, being built of brick, constructed with hollow walls, and plastered throughout, with galvanised roof. The outbuildings consist of stabling for one horse, cart-shed, hay-loft, and fowl-houses, with  $\frac{1}{2}$ -acre of land attached, and all fenced, and is the only section in the new township of St. Kilda adapted for business purposes, having a square corner frontage on the main streets, and facing direct on the railway station. For further particulars, apply to Messrs SAUNDERS & HENDERSON, Lichfield street; or Messrs J. B. DALE & CO., Cathedral square; or to  
Mr GEO. WILSON, on the Premises.

*Lyttelton Times, 26 February 1877*

So you see, the place we now know as Heathcote, began as two small clusters of houses, Hammerton and St Kilda, each side of the railway. We could easily have been known by either of these names, but for whatever reason the old names didn't stick, so today, thanks to Captain Thomas, way back in 1848, we are simply called 'Heathcote'.

Sources:

Papers Past

Christchurch City Council

Christchurch City Libraries

Archives NZ

The Port Hills of Christchurch, by Gordon Ogilvie

## 8 Energy Saving Tips for Winter

### Let the Sun in During the Day

There's a reason the family cat likes to nap in sunbeams — the sun is a fantastic source of free heat! By opening your curtains and blinds during the daytime, you take advantage of the greenhouse effect and allow the sun to naturally heat your home.

### But Close the Curtains at Night

Unfortunately, windows can also be a source of heat loss, as they are not as well insulated as your walls. Close your curtains and blinds just before the sun goes down to keep the warmth in.

### Eliminate Air Leaks and Drafts

Air sealing your home is simple, effective, and relatively inexpensive. Weather strips or draught seals will usually pay for themselves in energy savings within a year. Block off any unused fire places as open chimneys can cause major heat loss.

### But Keep Well Ventilated (when you can)

On warmer days open windows and doors to ventilate your house. This will help reduce mould and also lower the humidity inside. Drier air is easier to heat and less likely to cause condensation. Avoid drying washing inside if you can.

### Check Your Insulation

Ceiling insulation can settle over time, or may just not be up to standard. Community Energy Action provides free healthy home assessments. Phone them at 0800 430 9276 between 9:00am and 4:30pm to book.

### Use LED lights

Every little bit counts. Replacing incandescent lights with new energy LED lighting will soon pay for itself and start saving on your power bills.

### Only Heat the Rooms You Use

Close the doors to rooms you don't use. Only heat bedrooms shortly before bedtime.

### Dress to the Season

Wear your winter clothes, keep a woolly jersey on and wrap up in a nice thick blanket.

# Heathcote Community Garden Update

In the Autumn newsletter I explained how the garden had progressed through the rebuild. The rebuild is now largely complete as the new raised beds are finished and productive. There is still a lot of work required to complete the remainder of the garden areas with modifying existing beds to suit the new layout, and repositioning other parts. A new composting system is to be started, our liquid fertilizer drum is to be sited in a new position, and an overhead watering system is proposed.

Drainage is more of a problem since the development on the other side of the fence has affected the original drainage system. I hope that this will be resolved soon because the garden access is hindered following any rainfall with the volunteers having to work in gumboots.

As a result of Covid lockdowns and being affiliated to the Canterbury Community Gardens Association (CCGA), the volunteers received many trays of plants from Oderings and Zealandia, and potting mix from Tui Products – all of which were past their “sell by date” but still usable. These were gratefully accepted, planted, and as the plants matured, copious bags of excess produce were placed on the ‘share table’ in Station Road.

The garden is run as a community garden like many other community gardens in Canterbury, and as such is “a coordinated garden run by volunteers for volunteers”. As we have done previously, surplus produce, if any, will continue to be placed on the ‘share table’, although some may also go to the Aranui Foodbank.



Problems going forward:

- Drainage as mentioned above,
- Lack of three volunteers, with the main 3 volunteers all being in their 70s and not getting any younger,
- Sourcing cheap or free plants for the garden. We will accept any plants that CCGA are able to provide, but we are one of about 40 community gardens also looking at this source for plants to grow. We acknowledge the free plants donated in prior years and hope to be able to access this source again in the coming seasons. This is where the community can help.

We are hoping that the Heathcote community will get behind this garden with support, be it volunteering, donating plants, expertise, or funds, to make this garden the success it should be.

Any offers or questions regarding the garden, please contact the co-ordinator, John, on 027 2290847 for a discussion on where you could fit into the system, or meet us at the garden any Saturday from 10am onwards.

Regards from the committee and volunteers, John, Jan, Kate and Amelia.

# News from the Church of St Mary

Between December and June, the Church focusses its Mission to the world in the celebrating of the great events that mark the faith of the Church. Namely these are Christmas (which celebrates the birth of Jesus Christ) and Easter (that celebrates his crucifixion and resurrection). This leaves about five months to focus our ministry on growing the Church, which is known as Mission.



*Mark Sullivan, Vicar*

As the Vicar of Heathcote and Mt Pleasant, I have basically one function; to support the ongoing Mission of the Church. Plainly speaking this means to involve myself in initiatives and activities that might grow the Church and support those who choose to follow Jesus Christ.

My job is not easy, firstly due to the amount of negative publicity the Church often receives and secondly the concerns that many raise about the nature of the activities of the Church.

During the early stages of the COVID19 pandemic, our Prime Minister would daily address the nation, encouraging New Zealanders to be kind, to be considerate, to care for, to look out for those who are elderly and alone and to check on each other. Jacinda Ardern was celebrated for her wise leadership, an accolade that was well deserved. Yet the PM's encouragements only echoed the very teachings of the Christian Church. The Commandment of Jesus (known as the "New Commandment") was to love each other!

During the earthquakes in Christchurch, the province saw a genuine outpouring of Faith, Hope and Love. Newspapers and TV programs clearly showed devastation and destruction, but in the midst of this, the "people" stories were largely about the goodness, the care and the love displayed as the days and weeks unfolded.

The outpouring of love displayed following the mosque attacks in Christchurch was absolutely stunning. Rows of flowers adorned the murder sites and the gates to the Botanic Gardens was awash with colour as ordinary citizens chose to share their suffering and love with the families of those who were killed, injured and suffered.

These are the workings of a caring and loving people. The key question is how we might encourage the outpouring of love represented through these occasions into our daily lives. This is, and always has been, the business of the Christian Church!

Since 1860, the Pastors of this community have taught, encouraged, represented and championed God's call to love. And this Mission of relationship continues to this day. For 8424 successive Sundays, people have gathered and prayed to God in our parish Church, that the love that Christ represented, might be shared and expressed more clearly in this community. Prayers have been offered weekly for the new born, the newly married, the recently deceased and the myriad of sorrows, of hopes and of dreams represented in this community. And the wondrous thing is that these prayers and intercessions have been offered by those and for those who will never know each other.

Why should such an outpouring of love and care from a completely anonymous people be viewed with so much suspicion?

Love is the key to the lock of relationship. May this love be found in you and in me and may this be the building blocks upon which this community be identified.

Please see our parish web site for more information [www.heathcote-mtpleasant.org.nz](http://www.heathcote-mtpleasant.org.nz)

Kind regards  
Mark Sullivan



## News From Heathcote Valley Library



Greetings to our fellow Heathcote residents. Hope you are all keeping well and warm. A great time to come to the library and choose some books from our great collection. We are pleased to list our new titles below:

### Our Latest Titles

Neal, Robbi	The Secret World of Connie Starr
Scrivenor, Hayley	Dirt Town
Baldacci, David	True Blue
Roberts, Nora	A Touch of Sun
Barry, Paul	Spun Out– The Shane Warne Story
Schmidt, Joe	Ordinary Joe
Lackberg, Camilla & Fexeus, Henrik	Trapped
Riley, Lucinda	The Murders at Fleet House
Fu, Melissa	Peach Blossom Spring
Barton, Fiona	Local Gone Missing
Browder, Bill	Freezing Order
Swallow, James	Air Side
Seymour, James	The Foot Soldiers
Hughes, Gareth	A Gentle Radical
O'Neill, Ellie	Family Matters
Hannah, Kristin	The Four Winds
Carr, Jack	In the Blood
Morgan, Jo	Dancing With the Machine
Jackson, Lisa	You Betrayed Me
Browder, Bill	Red Notice
Manawatu, Becky	Aué

### Library Hours

Monday	2:00 pm to 4:00 pm
Tuesday	2:00 pm to 4:00 pm
Wednesday	11:00 am to 12:00 pm
Thursday	2:00 pm to 4:00 pm
Friday	2:00 pm to 4:00 pm
Saturday	10:30 am to 12:00 pm

## Craft Group



Every Monday between 10am and midday a group of crafty ladies meet at our lovely Heathcote Valley Community Centre to have a coffee, enjoy some good company, have a few laughs and indulge our passion for crafts!

This group has been meeting for 3+ years. Attendance fluctuates between 8 and 18 women. Yes, mostly women, but we would be delighted to have men join us!

Our range of skills is vast. Many are knitters, or do crochet, we have some embroiderers and quilt makers. Some make intricate children's clothing and quilts, others of us are content to knit a dishcloth. We are a welcoming group and we love meeting new craft folk.

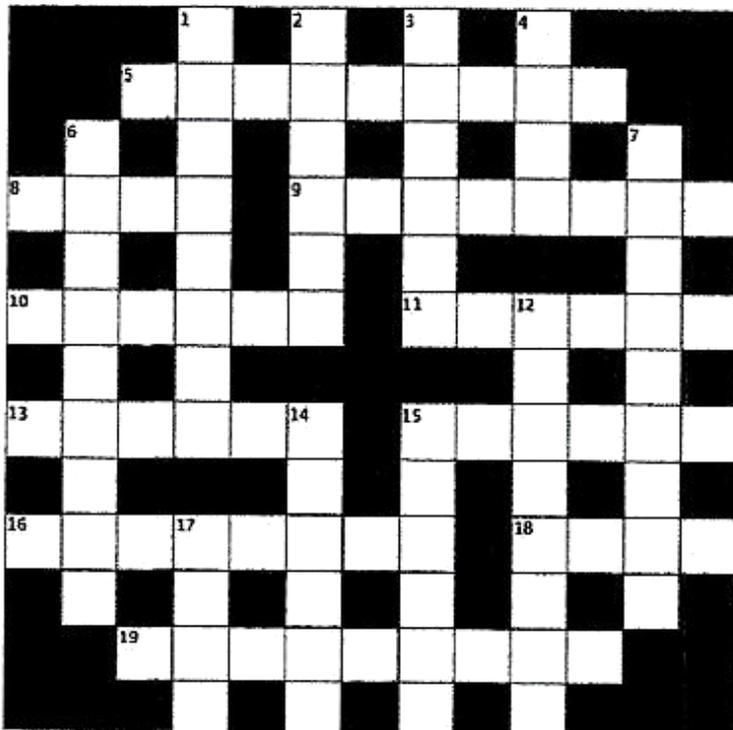
Please come and join us, you would be most welcome. We charge a nominal fee of \$3/session, the first visit is free. We look forward to seeing you.

Kind wishes, Wendy Chambers and Judy Stack



We would like to extend our thanks to the Christchurch City Council for their financial support. This has helped us continue to support Heathcote, strengthen our relationships, remain a strong connected and engaged community.

# Puzzle Page



### Clues

#### Across

- 5 Fine —1971 David Bowie Album (5,4)
- 8 Slope connecting two levels (4)
- 9 19th-century establishment serving drug users (5,3)
- 10 Performer (6)
- 11 Without a struggle (6)
- 13 First-born (6)
- 15 Inform (6)
- 16 Venting of emotion (8)
- 18 Highest quality (4)
- 19 An overdue (anag) — attempt (9)

#### Down

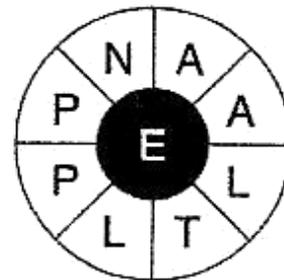
- 1 Unanticipated occurrence (8)
- 2 Live from day to day with hardship (3,3)
- 3 Counsel (6)
- 4 Pack to capacity (4)
- 6 Chatty (9)
- 7 Sea creatures with stinging tentacles (9)
- 12 Begin (3,5)
- 14 Event that fails badly (6)
- 15 The Return of the \_\_, 1878 Thomas Hardy novel (6)
- 17 Bete noire (4)

### Kids Quiz

1. What colour is māwhero?
2. What is the highest mountain in Aotearoa New Zealand?
3. What do you call animals that are awake at night?
4. What species of tree is Tāne Mahuta?
5. What native New Zealand bird is on the \$5 note?
6. If you ran around a 300 metre track four and a half times, how far have you run?
7. The earth is mostly covered by ...?
8. Aotearoa New Zealand is located in which ocean?
9. What is the name of the water which separates the North and South Island?
10. What is the longest river in New Zealand?

### Word Wheel

How many words can you make using the central letter?



- Pink
- Aorangi/Mt Cook
- Nocturnal
- Kaun
- Hoiho
- 1350 metres
- Water
- Pacific
- Cook Strait
- Waikato River



# Ahmad Sultani

Dear Heathcote family...

My face may be familiar to you this time around from my sign boards, door knocks, letter box mails or from the Heathcote community meeting. However, if any bells aren't ringing just yet then I'm Ahmad Sultani and my career as a Ray White Ferrymead Real Estate Agent has started to leave the ground.

I have recently sold a house on Mount Pleasant Road and my first listing in Heathcote Valley is officially on the market as I type. You may ask how I got this listing. The honest answer to that is I have been circle dialling and came across my wonderful vendors. At first they weren't sure about selling, however I stayed in touch and updated them about the market over several months until it was time and they were ready.

I asked my vendors why did you guys decide to go with me and trust me with one of your biggest assets. They had three reasons: trust, living locally and making them feel comfortable with the process.

When I'm not in and out about helping people buy and sell their houses I'm out coaching the Heathcote Valley junior cricket team. When the Christchurch weather decides to take that off the cards I love doing

the mahi and planting some trees to uphold our country's clean and green image.

More than anything though I love giving back. In fact, recently I sponsored my old school which is Heathcote Valley School (Te Tihi Kahukura). Looking forward to giving more back as I grow!!

I'm all about networking and getting to know new people so if you're thinking about buying or selling, want an update on the market, or just want to have a chat over a coffee at Upshot, then do not hesitate to get in touch with me.

The support from the Valley has been immeasurable. Everyone's willing to help out in any way possible, and if you're embarking on your next housing venture I would love to return the favour so flick me a call or text anytime. I look forward to expanding our beautiful community...

Ahmad Sultani - Mobile 021 104 7115  
Proudly Living And Selling in the Valley



# Zumba With Mahla

## ZUMBA - Dance Fitness

In the Heathcote Valley School Hall on Mondays at 5.30 and Wednesdays at 6pm!

\$8 at the door.

If you love Music, If you love to Dance, If you love having a laugh and meeting new people from the same community, If you love to keep fit and want to enjoy the process of getting there.. Then LOOK NO FURTHER than your back yard! Right here in the Valley there are Zumba classes that will tick all the boxes above.

For all ages and levels.

You can find more information and can contact Mahla on facebook - *Zumba with Mahla*

Or contact 021 023 73658 for any queries.



**DANCE** – Its good for the Soul, the Mind and the Body!

## Support Your Community Association

Currently the Heathcote Valley Community Association (HVCA) depends on grants and residents' donations to fund its activities, including the creation and distribution of our printed newsletters, support of community events and the maintenance of community facilities such as the community centre and noticeboards. We would love it if you could show your support and ensure our work continues by making a donation to the association. Any financial support is welcome, however our suggested donation is \$15 per household per year. It would be greatly appreciated if your donations for the year are received by 31st July.

You can donate by cash or direct credit. We will not send a receipt unless you specifically request one.

### Cash:

Post or drop off your donation to Lindsay Gordon, Treasurer, Heathcote Valley Community Association, Villa 50, Maltworks Villas, 60 Port Hills Road, Heathcote Valley, Christchurch 8022. Please remember to include your details (name and address) in the envelope.

### Internet Banking:

The Heathcote Valley Community Association's bank account number is: 03-1369-0182187-00

Please use the following codes:

Particulars: Donation

Code: Your family name

Reference: Your address

Queries: [Heathcotevillageproject@gmail.com](mailto:Heathcotevillageproject@gmail.com)

### COMMUNITY MORNING TEA

ENJOY TEA OR COFFEE, HOME BAKING AND GREAT COMPANY AT  
THE HEATHCOTE VALLEY COMMUNITY CENTRE

Each Wednesday 10am - 12pm during school term time

Everyone welcome, come alone or bring a friend

No charge



## In Case of Emergency ... Local Defibrillators



Although we hope you never need one—it's good to know there are some about.

- Lyttelton Road Tunnel Control Room  
10 Bridle Path Rd. Access 24/7
- At the top of the Gondola
- The Valley Inn—open every day 10am to 11pm
- See <https://aedlocations.co.nz> for more locations around Christchurch.

## Heathcote Valley Online

Keep an eye on our Facebook page for updates and local events at :

[www.facebook.com/heathcotevillageproject/](https://www.facebook.com/heathcotevillageproject/)

## Snap Send Solve

*Snap Send Solve* is the Christchurch City Council's smartphone app to help make reporting issues easy.

It works by identifying the location the photo is taken using the phone's GPS data. It sends an email to the Council from your email address, including the incident type, notes, address of incident, photo, and contact details. The report is then allocated to the relevant Council department.

The more information provided, the better they can help isolate and investigate the issue.

You can download the app to your Apple (Apps Store) or Android (Play Store) phone and have it ready to use at any time.

You can still report issues online, at a service centre or by phoning 03 941 8999. Urgent issues should be reported by phone.