



# Summer Newsletter 2021

## Heathcote Community



*Valley Bee Hives - photo by Paul Densem*

# Jocelyn de Kort

## Heathcote Valley Connector

I sit here listening to Louis Armstrong and Ella Fitzgerald singing wonderful Christmas songs, putting me into the spirit of Christmas. Long summer days, sharing joy, picnics, reaching out to neighbours and those on their own, choosing a Christmas tree from the Heathcote church gardens at St Marys and all the celebrations that go with our typically summer New Zealand Christmas.



It's been another unpredictable year with Covid, Delta and now Omicron lurking in the air. That's just the way life is at times, such as the recent measles outbreak in Samoa, the Spanish flu which hit New Zealand communities in 1918, polio and many more pandemics over our time of human existence on this earth.

The question is how do we get through these occasionally scary, challenging situations and changing times?

I don't have the answers, but from life's varied experiences which includes having lived in this delightful Heathcote Valley for over 40 years, I've learnt the value of community, neighbours and counting my blessings instead of counting sheep to put me off to sleep when times are rough going. When life seems tipped upside down, giving a simple thanks for what I have is such an easy thing to do. I just need to remember this in the busyness of daily living.

I visited the Heathcote craft market at the domain today and was reminded of what an awesome part of the world we live in. I met many locals such as Paul

Densem, our very own honey person, providing delicious honey from Heathcote Valley, Horotane Valley, Avoca Valley and Hillsborough; Meriam, who creates beautiful macramé plant pot hangers and Anna Peers who makes natural deodorants. There was Jo Emmens from Valley Threads, who takes local sewing classes and makes gorgeous sewn articles; Jen Saunders who is our amazing Community Centre wiz woman and Heathcote Community Association secretary; Jackie Foulkes our local potter and Jayne Archer the market organiser and creative person extraordinaire. I also met Monica Andrea who is planning on starting our very own Heathcote farmers market with coffee, food, plants and more. Thank you to you all mentioned and maybe not mentioned for a special day of connecting with the community.

Once again, thank you to all the Heathcote Newsletter contributors and to Barrie Woods, publishing guru, Linda Harrison for her proof reading skills, Sally Stewart, delivery coordinator and her community delivery team. Thank you also to the Christchurch City Council for printing the newsletter and funding. Similarly to the Heathcote Valley Community Association for managing the finances.

On this note I would like to wish you all a relaxing Christmas, filled with a time to connect and share our community love with all including those feeling a little lost at this time.

Remember to count and share our blessings how small or great they may be.

From me to you, just as in the classic song written by Hugh Martin and Ralph Blaine and sung by Judy Garland in 1944—"Have yourself a merry little Christmas".



Kia ora. This is my last time writing as your community liaison this year. We have done a lot of really cool things this term and this year, but we have had a lot of interruptions, like Covid. We have done our best to still have as many events as we can and still make the most of every opportunity..



One of the main things that have happened this term is camp. The year 5-6 team went to Spencer Park and did all sorts of wonderful things, like surfing, archery tag and mountain biking. The year 7-8 class went to Arthurs Pass and also did a lot of wonderful things, like tramping, search and rescue and rock climbing. There has also been athletics for the 4-8 classes and the 1-3s had their own little athletics. Then there were the disappointing things like many things being cancelled like the Christchurch Schools' Music Festival, the school production, zone athletics and the school music concert.

Here are all the things that have happened recently or will happen soon:

- Athletics
- James Evans Memorial Trust Music Scholarship - everyone was great
- Teacher only day so we had a four day weekend
- Literature Circles
- Aupaki Rocks Rock Band competition
- Year 7-8 girls self defense course
- Senior Camp - this was really fun
- Learning celebrations
- Year 4 Celebration in the city
- Year 8 book and movie and dinner
- Barista trials
- Aupaki Cantamaths

Everyone found something fun this year - I especially loved it. I would also like to say a huge thanks to Jocelyn and Miss Calvert for making everything happen. It was a massive privilege to be your community liaison for 2021, and I look forward to being on the team again next year. Thank you and good bye.

**Nicholas McCauley**  
Heathcote School  
Student Liaison

## The New Look Monthly Heathcote Community Meeting

With the new committee elected to the HVCA in August there has been a chance to pause and look at how things are done, how we can adapt to the times and do things differently. As a committee we've made the decision to separate out the HVCA business from our community meetings and so, when you come along on the last Wednesday of the month at 7:30, you'll find a different feel and a different intent. For starters, you'll be welcomed with a cuppa and some yummy homemade treats made by Margaret Jenkin or Nicholas McCauley (our newest and youngest ever committee member at 12 years!). The meeting then continues with an opportunity to hear what's happening in the valley, share ideas and projects you might like to develop, talk about issues affecting our community, and meet and connect with others in this amazing community. We invite you to come along and join us. With the exception of December we meet every month at 7:30 on the last Wednesday of the month. The next meeting will be 26th January 2022.

At our last meeting we touched on many things including hearing of the progress of the community garden and the invitation for anyone to come, pull a few weeds, water a row or three, and enjoy the produce. We heard about the St Mary's church plans to run a carols event biannually in the year between when Lyn Jansen and Cath McKie usually run the event. Thanks to St Mary's we'll now have our own Heathcote carol gathering every year. We heard from Margaret who has committed to decorating our community at Christmas each year for the past numerous years, inviting us to all get on board - watch this space for updates. We heard from Martin who has been tirelessly working on our behalf to negotiate with NZTA, LTSA, Lyttleton Port Company, and others to try to get on top of the truck noise that makes it challenging for those living near the motorway.

And finally we acknowledged the challenging times we are all living in. As a committee we want to encourage our community of Heathcote to consider how we want the next few weeks, months, and years to play out for us as a community. After the earthquakes Heathcote became known as an exceptional example of a community that came together in adversity, becoming increasingly engaged, connected, active and positive as we worked through the challenging times. Research says that communities that are engaged, connected and empowered are good for our individual and

collective wellbeing and increase our resilience in times of adversity. In these times there is plenty to divide us, both along lines of belief and opinion, as well as along physical lines of access. This is something that for the meantime we need to live with. But amidst this, how can we find ways to come together, stay engaged, look for positive ways we can connect and show care and concern. Wouldn't it be wonderful if we can look back in a year or two and, like after the earthquakes, feel grateful to be part of such a wonderful and caring community.

*Sooze Harris and Luke Gardiner (Co-Chairs of HVCA)*



**COMMUNITY FRUIT**

**HARVESTING**

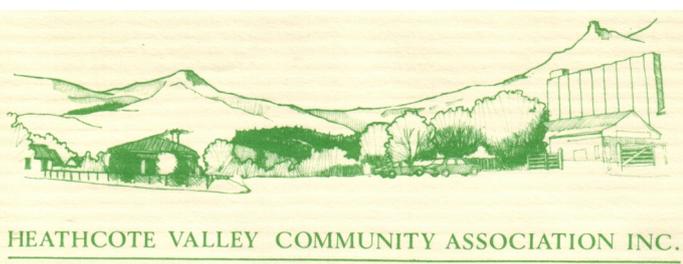
**We harvest fruit!**

**If you have fruit fatigue, we can help.**

This season will be our second year harvesting in Heathcote Valley.

Contact: [pickfruitheathcote@gmail.com](mailto:pickfruitheathcote@gmail.com), or call/text Paula on 021 02330407 or Amelia 021 2058685 if you have excess fruit and would like to pass on to those in need!

Like our Facebook page to stay in touch- 'Heathcote Valley Community Fruit Harvesting'



## Come Join Us at the Heathcote Valley Food Forest



Situated in Birdsey Reserve on Bridle Path Road (opposite the domain and community centre). We meet weekly on Wednesdays between 3:30pm-5:00.

We would love to see some new faces. All ages and all abilities are very welcome. There is no pressure to come every week - we don't take a roll call!

There are now 21 fruit trees, and many other edible and beneficial plants in the ground.

We encourage everyone to have a walk through, pull some weeds, and pick some berries before the birds do.

Mallow, daisies and grass are always safe to pull out of the mulched beds. A little bit of mahi goes a long way in the food forest - it all helps!

We are in need of people to water through the hot months ahead. Watering is a hugely important role in the food forest. Now that we have more trees, we need a small team of people. You will be paid in pumpkins and other goodies!

We will be having a Christmas picnic, on Wednesday 15th December, starting 5pm. BYO picnic and rug. Come see the decorated Christmas tree the children have been working on.

To get in touch, email Amelia on [ameliaknightbare@gmail.com](mailto:ameliaknightbare@gmail.com)

We wish you well this Christmas.

# What's the Buzz?

*By Paul Densem – Valley Apiaries. Beekeeper in the Valleys.*



Ngā mihi nui. I love my bees. Honey bees. Queen bees. Workers. Foragers. Drones. Apis Mellifera. I am completely fascinated by the goings-on of

the bees. I can sit at the entrance of a hive for ages just watching the bees coming and going, checking out the colours and quantities of pollen in their saddlebags. Spotting a wave of new foragers as they orient themselves to their hive having never been outside before. Or noticing the drones in the afternoon as they return from an unsuccessful mating flight.

From a young age I would collect bees from the inside of a window pane and release them outside. Not really afraid of a sting, even though they blimmen hurt, just inherently knowing that they were not out to get me and had accidentally come inside. Up close and personal they look like a tiny fluffy toy, but full of knowing life and a need to contribute to their colony.

In 2009 I took this fascination into the field of beekeeping and now study bees more closely, with an emphasis on their biology and life cycle, but with a real sense of animal husbandry through care and a bare hands-on approach to all aspects of what has now become my business. Valley Apiaries.



I now provide queens and colonies on a small commercial scale to both hobbyists and commercial keepers throughout Aotearoa. I am also industry approved to do disease inspections, as well as mentoring both new and experienced hobbyists. And,

of course, I collect an interesting variety of artisan honeys.

I keep bees on a number of properties locally around the Port Hills. And when I harvest the honey, I keep each valley's harvest separate so I can provide customers with a single origin honey that is unique to the area that the bees foraged in.

Eating Valley Apiaries honey is like sampling good wines. Each jar is a different variety with subtleties to the taste and texture. A honeybee is able to forage at great distances so you will taste the nectar collected from sources ranging from exotic blossoms to wildflowers and many of Banks Peninsula's native trees, such as pohutukawa, mānuka, kānuka, tī kōuka and ngaio.

Pure, unadulterated, quality honey.



I look after the Heathcote Valley School hives as well, which is my wee community service, albeit an indulgent one because I'm pretty obsessive about bees. And, of course, my kids Dash and Will go to HVS, so I'm there a lot anyways. And it is rather satisfying harvesting the school honey and seeing it sell like hotcakes while I sit back and enjoy an excellent long black from the school coffee cart! This season has seen a good early nectar flow with plenty of honey coming in and happy, busy bees.

So, if you are after some quality, local honey please contact me. [info@valleybees.nz](mailto:info@valleybees.nz)

# Heathcote Valley to Avoca Valley Adventures with Nature Green Projects Summer 2021 Update

## An Early Summer Ramble

by John Marsh

I heard a pipiwharau/ shining cuckoo in the garden this morning. First time that has happened! They were also heard in Birdsey Reserve a few weeks ago so maybe they are growing a local population. These birds, who are mostly heard rather than seen, spend the winter in the Solomon Islands and then migrate down to Aotearoa from mid-August. They lay their eggs in grey warblers' nests and let the little warbler do the rest of the work.



Shining cuckoo

On a slightly different note, there has been talk of Christchurch becoming a "National Park City" and numerous articles have appeared in "The Press" about it. Lincoln University ecologist Jon Sullivan was quoted as saying: *"There are as many native species in the wider Christchurch area as there would be in one of our national parks. [But] they're not abundant, they're all on the fringes in these little patches of vegetation here and there, often struggling. They need to be higher profile, they need to be looked after better."*

In his excellent new book "A Life on Our Planet" David Attenborough writes of "rewilding" the planet. This is the process of expanding biodiverse spaces, communities and systems.

This is what "Adventures with Nature" and the different projects from Heathcote to Avoca Valley to Ferrymead saltmarsh are all about. We need to expand these "little patches" of native bush or wetland so they join up and grow into continuous corridors of "wild" space. It is only when this is achieved that they begin to be valuable and healthy places where nature (or biodiversity) is restored.

Jon Sullivan also talked of how we need to appreciate that wild places are often less tidy than what we might prefer. This "untidy wild" gives far more opportunity for birds, insects and lizards to breed in safety than a "tidy wild".

On a related note.... couple of years ago I realised that I was just mowing bees every time I mowed the lawn.

Bees are in decline all over the planet we hear!! So now I am trialling a no mowing regime on the grass verge and front lawn....there is a meadow of clover, lotus, Yorkshire fog, dandelion, plantain, buttercup, browntop and fescue getting up to 400mm tall. Bees, copper butterflies and hoverflies are having a great time out there.....maybe the whole street will stop mowing their berms?

So....thanks to all those who have contributed in the hard work and organisation of the green projects around our neighbourhood this year, and also those who have contributed with the updates below.

Anyone wanting to join in with any of the projects, please get in touch with the contact person to see how you can best fit in.

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## Morgans Valley Reserve

Rachel and her team have put in a huge amount of work here this year to get this project underway late in the season. She reports that plants are growing well and she hasn't found any that have died yet. They intend to set up a maintenance/watering system soon. She also reports that a pair of kereru were spotted in the gum trees near the reserve recently. Single birds have been seen before and this is the first time a pair have been sighted. Maybe they will start a breeding colony.

To get involved in this project contact

[rachel.wells.nz@gmail.com](mailto:rachel.wells.nz@gmail.com)



Big planting day at Morgans Valley  
back in September

## Bridle Path Planting

By Tamsin Page

The 300 or so native plants we planted at the Bridle Path site this winter are all doing really well and have benefited from the early spring rains we were fortunate to get this year. Big thanks to the hard-working team who turned up for a weeding working bee at the end of October to pull and cut any weeds encroaching into the trees' space, and to re-mulch with cut grass.

We are organising a watering roster among some fantastic committed folk to ensure the trees get watered regularly through the early summer and then late summer and into autumn. This really helps the young trees get a solid start by encouraging good, strong root growth and development in this first year. We have a water source and reservoirs set up on site to facilitate this, and it's a great option for some 'cross-training' to incorporate into your weekly fitness routine!



Spring weeding session at the Bridle Path

If you would like to get involved in helping with watering, maintenance and future planting at this site, please get in touch with Tamsin Page.

([tamsin.page@gmail.com](mailto:tamsin.page@gmail.com) or 027 642 3555)

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## Birdsey Reserve Planting

By Tasmin Page

There has been a phenomenal spring flush of grass growth at Birdsey Reserve this year! So much so that the native plants planted over the past two to three years were hard to find in some places. Manual weeding or releasing of the plants was going to be pretty hard work, so the weed whacker was called on

for the job. Very satisfying, but I apologise to nearby residents for the weed whacker drone all day on Canterbury Anniversary day. The suburban sound of spring???

This year's plantings are not as badly inundated, so manual weeding is a more realistic prospect. The local girl guides have been in for a working bee to tend to the section that they planted this winter, doing some weeding and watering. They are planning to integrate regular watering and weeding sessions into their term-time programme. We are hopeful that we will be able to squeeze in a day or two with the Heathcote Valley School students before the end of term for some weeding, mulching and/or watering. Watering by some committed locals has also started at Birdsey, and it would be great to keep this up, especially on the newest plants, and especially into the late summer/autumn period.

If you would like to get involved in helping with watering, maintenance and future planting at this site, please get in touch with Tamsin Page.

([tamsin.page@gmail.com](mailto:tamsin.page@gmail.com) or 027 642 3555)

## The Birdsey - CCC Management Plan

The City Council put out its draft landscape plan review for Birdsey Reserve recently and a public drop in session at the community centre was held on 1<sup>st</sup> November. The plan is proposing:

- Dog recreation parks in the two open paddocks as well as in part of the bush revegetation area. An increase in the car park size is also proposed to serve this.
- The continuation of the existing bush areas and some small additional areas.
- Continued development and expansion of the community orchard.
- Walking tracks.

Submissions to the council closed on 16<sup>th</sup> November and the council will soon advise the outcome of this process. It is expected that submitters will be invited to speak to the Community Board before they make any final decisions.

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## Birdsey Reserve – The Boxthorn Team

By John Marsh

If you are lucky enough to be on this group, every two weeks you will get an invitation from the co-ordinator Amelia to meet on Wednesday at 2.00pm at the Birdsey car park. From here we trudge 5 to 10 minutes to the “coal face” and commence sawing and chopping till we get to a main stem. This is severed and painted with a nasty substance at ground level. There are lots of these stems, but not as many as there used to be.

The vegetation then dies and forms great lizard and skink habitat, until it eventually disappears back into the soil as compost in maybe five years time.

Invitations to join the team are to be found fortnightly on the Heathcote Village Community e notices. If you would like to have a go at this please contact: [ameliaknightbare@gmail.com](mailto:ameliaknightbare@gmail.com)

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## Duncan Park - The Friday Team

### The New Track

At the start of October the Duncan Park Friday team had long finished the season’s planting....1300 this year. They then completed the new track along the Horotane side of the spur all the way out to join the car park track. This is a result of splendid work by Tim, ably assisted by Dooges over the last three years and also Sebby in the final charge this season. Horotane Ted, our chief adviser in all life matters, happened along, did some fine tuning and erected the sign “New Track”. Please try this out anyone who is interested.

Finally rampant boxthorn was neutralised and the winter season ended on a high note.

There is no relaxing though as we watched the also rampant grass and weeds invade our new plantings, spurred on by excellent spring rains.

So we made a start on the weeding season....now here’s a little tale from last week.

### The Life and Times of *Tama* the Totara

Back in 2016 one of the Trees for Canterbury team... probably Robin or Steve, gathered seed from native trees in old remnant bush on the Port Hills. The seeds were sown in trays and placed in a shade house down at the Ferrymead nursery. Some months later, as they germinated and grew to about 100mm tall, the seedlings were planted into small pots. *Tama* the totara was one of these.

In late 2018 he went into a bigger bag and grew happily through the summer till he was around 450mm tall. In winter 2019 *Tama* left the the nursery and was

taken to Duncan Park with a bunch of other native cousins. Back to his native hills.

He was planted carefully in paddock Number 2 overlooking Horotane Valley near some kanuka, ribbonwood and mikimiki.

It was a good paddock and *Tama* grew just a little bit the first year. He was almost lost for a while in the long grass that was twice his height, but a friendly human was out looking for him and cleared the grass so he could keep growing. In 2020 *Tama* had a really dry summer.....then a dry autumn.... but he was ka pai and managed to survive the drought....he grew to 900mm tall and was planning on being the best tree in the forest ...next century some time...or perhaps the one after that. He could get to 600 years old he was thinking.

In spring 2021 he was aiming to grow taller than the grass. There was lots of rain early in October and he had the best buds he’d ever had. The grass was going crazy that month too.

In the middle of November one hot afternoon he heard a strange buzzing sound ....a well meaning human happened along the track with a grass trimmer. ....happily trimming away.....they didn’t know that *Tama* was there and ripped the bark off his trunk. And that was the end of *Tama*’s short life.

**Whoever it is out there that is trimming the grass along the track....you are doing a great job but please contact us before you do it so we can ensure all young plants are weeded and marked first. There are kowhai and lancewood casualties as well as the totara.**

The good news is that *Tane* the totara, planted six years ago is now nearly three metres tall.

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## Also at Duncan Park - The Avoca Valley Crew

By John Marsh

A high point this spring was the Sunday morning surprise attack on invasive weeds along Duncan Park’s Avoca Stream boundary. The usual sturdy horde of Avoca Valley residents turned out in force with a huge range of implements, from secateurs, pruning saws, hedge trimmers, scrub cutters, chain saws and a Fiat tractor. Some were so keen that they even turned up on Saturday morning, 24 hours ahead of time. Elderberry, blackberry, tree lucerne, willow, ivy and other entangled vines were cut and piled into heaps for composting along an 80 metre section of the stream.

The Ferrymead Pony Club has tidied up old piles of debris as well, and the City Council is now organising a team of arborists to remove some of the larger damaged and half fallen trees.



At the end of the day, the Avoca Valley Crew are a happy bunch

The aim is to continue weed control over the summer in this area and then carry out planting next winter, extending the work that has been done in the adjacent section to the north. The public walking trail will then be established adjacent to the new bush plantings.

Summer work at Duncan Park from now on will be weeding and releasing around all our young plants both on the hill and along the stream. Irregular sessions will be at 2.30pm Friday afternoon or 9.30 am Sunday morning.

Please contact John [jmarshtree@gmail.com](mailto:jmarshtree@gmail.com) or 0274 310 182 if you would like to join in with any of this activity, and confirm when work is taking place.

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## Linda Woods Reserve Horotane and Avoca Valleys

By Marie Gray - Summit Road Society



Weed control session in Area 5 – Linda Woods Reserve

We are making fantastic progress with our restoration of Avoca Valley. Volunteers planted 3000 trees and waterway margin plants earlier in the year, across both Linda Woods Reserve and a neighbouring property. Contractors planted a further 6000. Heavy rain and lockdown threw us a few curveballs but we managed to get there in the end.

We are now turning our attention to maintenance. The plants are looking very healthy, thanks to a wet winter. The

The fencing of the next five planting areas is nearing completion and we are on track to plant 30,000 plants next winter. We are also continuing our planning for the track network, including linking tracks with adjacent reserves.

Again, our thanks to the many volunteers from Avoca, Heathcote and further afield who have contributed to this progress. For further info contact:

[secretary@summitroadsociety.org.nz](mailto:secretary@summitroadsociety.org.nz)

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## New Lifetime Registration for Dogs

Christchurch dog owners won't have to replace their dog's plastic registration tag each year as Christchurch City Council moves to introduce 'lifelong' metal tags. Under the present system each dog that is registered is issued with a new plastic disc for that registration period, which attaches to the dog's collar. Owners are subsequently issued with a new disc each time they renew their dog's registration. The discs are colour-coded according to the year.

From June 2022, to coincide with the next registration renewal period, dog owners will receive a single-use metal disc engraved with a unique identification number. The disc is designed to last the dog's lifetime. Animal Services Manager Lionel Bridger says the initiative will be more convenient for dog owners and reduce the amount of plastic waste going into landfills. "We have to look to the future. It is not sustainable to keep throwing away the plastic tags every year and expecting dog owners to do the same. Each year we register around 40,000 dogs in Christchurch which means there are at least 40,000 plastic tags going into the bin each year as these cannot be recycled." He says he's confident the public will embrace the move. "We've received many messages from people in the community about the impact of these plastic tags on the environment. We expect that the public will be in favour of this new system from a sustainability perspective. "It will also speed up the registration process as at the moment people have to pay their registration either in person or online and then wait up to two weeks for the new tag to arrive in the mail. This new system will streamline the process where the only administrative task for dog owners will be to pay their new registration cost each year."

The new discs will save Council about \$50,000 over ten years. Both Selwyn District Council and Upper Hutt City Council have recently introduced single-use metal registration discs.

**Total number:** There were 2,189 new dogs registered in the year ended 30 June 2021, bringing the total number registered in the city to 42,191.

## Restoring the Ferrymead Heathcote Saltmarsh

By Rachel Barker

The Ferrymead Heathcote Saltmarsh restoration is a brand new project for 2021, helped along by a small but merry crew. We have planted sedges along the pond margins and coastal bush on the higher edge. Have a look when driving along the Tunnel Road, walking or cycling past, and you will notice the pond is sometimes wet, and at other times bone dry. This is because it fills and empties with the river tide and the pond water becomes saline from the estuary. We're intrigued to see how the site restores itself over time.



It's a challenging site as we've planted in ground that's turned from concrete to gluggy mud! The first photo shows Liam and Veronika, Andrew and Andrew enjoying planting in mud during a glorious winter's day.



On a less glorious day in spring, the planting team featuring Ken (attired in his Blues Brother glasses!) planting in ground that had turned to concrete



Tea and cakes after a busy afternoon spreading mulch through the new planting with CCC rangers and the local team

For further information on this project contact co-ordinator [rachelmarybarker@gmail.com](mailto:rachelmarybarker@gmail.com)



## Christmas Times

*A poem by Maya Swan*



Christmas is when the Pohutukawa pop out  
Hot day, a splash of water on my feet  
Fluffy white clouds  
A barbecue with corn and loads of butter  
Yummy potatoes fresh out of the garden  
Friends gather to have a delicious feast  
Cherries, raspberries and more  
Yay for Christmas

# Parihaka Day 2021

## *What does 5 November mean to you?*

Usually in New Zealand, it's celebrated as Guy Fawkes Day. The night sky lit up with fireworks, terrified pets, joyous kids, disgruntled animal owners.

### **But what about Parihaka day also on the 5 November?**

It is inconceivable that an Indian child growing up today would not know about Gandhi. Or a child in the USA not knowing about Martin Luther King Jr, or a South African child Nelson Mandela. Yet in our own country, generations of Kiwi children have grown up ignorant of two Māori men whose message and practise of peace and nonviolent protest preceded theirs by decades.

This is of personal significance to me, as I was born and raised in South Taranaki, a mere 10 minutes from Parihaka. My father was the local GP along the coast, and I have grown up hearing many rich stories from the people of the land. And since this is the Lyttelton Harbour Information Centre, let's share some very relevant and important information about our nation's history.

### **But first, here's a short history lesson for those of you still with me.**

Parihaka was and still is to this day a Māori settlement in coastal South Taranaki, sitting underneath the majestic Taranaki Maunga. Around the 1860s, whilst Aotearoa was still a British colony and land was being divided up and given to European settlers, two Māori prophets, Te Whiti O Rongomai and Tohu Kākahi, established an inter-tribal pacifist community; Parihaka. At a time when Māori were being violently removed from their lands Parihaka became a refuge for Taranaki hapū and other Māori iwi who had lost their homes. Te Whiti and Tohu encouraged the people of Parihaka to defend their land by peaceful methods and to protect Māori independence. The way of life at the settlement was modelled on the principles of compassion, unity and self-sufficiency, along with the promotion of peace between Māori and Pākehā as long as Māori ownership and independence was respected.

However, frustrated with the resistance, the government ordered an invasion of Parihaka on 5 November 1881. Five hundred loaves of bread were prepared by the people of Parihaka, white feathers adorned their hair and the people remained peaceful, but the leaders were still arrested and imprisoned without trial and the settlement mostly destroyed.

The imprisonment was odd, as it included a sightseeing tour of the South Island, with the goal of impressing the



### ***Parihaka, underneath the majestic Taranaki Maunga***

leaders of European advancements so that they would be willing to convert to the Pākehā world. Were they impressed? No. Not really. Te Whiti replied, the best thing he had seen in Christchurch was the River Avon.

“Remember the many fine public buildings here, and the railways, tramway, etc. which must have struck you as being very wonderful”.

“All those things you mention are very grand, no doubt, and very useful,” Te Whiti replied, “but they are the work of man's hand, and will perish. The river is God's work and will last long after the things you mention... will have passed away.”

### **And how does this relate to Lyttelton?**

Some of the prisoners were sent to Te Waipounamu/ South Island gaols, including the Lyttelton gaol. And approximately 160 of the prisoners were sent to Ripapa Island for six months. Journalists from the Lyttelton Times were stationed at Parihaka on the day of the invasion. Sometimes I catch myself looking at the hills that surround Whakaraupō, feeling a sense of sadness that I imagine those Parihaka prisoners felt whilst missing their great mountain and their home. The invasion of Parihaka had a profound impact on Taranaki Māori and continues to be a lasting legacy and example of the mistreatment of Māori under European rule. However, we must also try and move forward. Today Parihaka stands for peace. By not forgetting the past but trying together to work and mend the relationship between both Māori and Pakeha, it has potential to be a significant example and credit to both

ances, to modern day New Zealanders and to other countries and races who are also suffering broken race relations. I hope on November 5 you are able to teach yourself, share with your children or your grandchildren about this history and be proud of our very own Māori Gandhi. Perhaps even offering a gift from nature in quiet remembrance of Lyttelton's part in this story. If you wish to read more, 'Ask that Mountain - The Story of Parihaka' by Dick Scott, is a very good start. I'm also happy for a chat. Remembrance and prayers for peace this Parihaka Day.

*Article: Rushani Bowman, Manager, Lyttelton*



The Greenhouse Market will be starting up soon on the corner of 16 Station Road and Flavell Street. You will see the new greenhouse has already been erected on the section.

The idea is to have a market every Sunday with coffee, food, plants, vegetables and local produce.

Contact Monica if you are interested in being a vendor and having a stall at the market here in Heathcote.

Please send an email to:  
[the.greenhouse.marketnz@gmail.com](mailto:the.greenhouse.marketnz@gmail.com)

## What a Whopper!



Last year we decided to grow a giant pumpkin for fun. Once it was fully grown we stored it in the garage, it weighed so much that we had to put it in a wheelbarrow to move it. Then we carved it for Halloween. When we were carving it I decided to collect the seeds and I wanted to sell them to make a little bit of money. I had a lot of fun carving the pumpkin and I'm sure others would like to grow some too!

If you are interested seeds are \$2 for 5 seeds and seedlings are \$3 each. Please let me know if you would like to buy any by texting me on 0276993250.

Thank you,  
Max Russell



# Leading in Complexity in a Pandemic

*By Sooze Harris from Heathcote*

As I sit here tonight, teachers and health professionals around the country are inching closer and closer to the strike of midnight when they can no longer go on to the site of their workplace. Unvaccinated parents will be unable to help on school trips, watch their children in school concerts, and attend school meetings. In the months to come we may see our unvaccinated friends and family restricted from going to restaurants and cafes, or perhaps from community events, churches, or theatre. We are living in uneasy times.

This thought piece is not an attempt to dialogue about the various viewpoints, to counter any arguments, or to make any judgement on the Government's Covid response – there are more than enough

opinions out there for us to wade through. Rather it is a reflection on a threat that to me looms potentially larger than Covid .... a divided community.

For the foreseeable future mandates and the Covid Protection Framework (traffic light system) is here. This is a reality we will have to live with – living alongside each other with different restrictions and freedoms. A recipe for division and polarity.

So how do we as leaders respond to this threat of division? What we know from the literature is that connected, engaged, and empowered communities where people have a sense of belonging and identity, are important for our individual and collective wellbeing, and foundational in our ability to be resilient in the face of a changing world. So how do we bring connection, belonging, engagement to a community divided along lines of belief and physical lines of access?

What might it look like to gather our communities around the threat that we see – the threat of division, of isolation, of disconnection? What if we focus our

attention on how to combat this threat – no matter what camp we sit in? What might conversation and connection across the lines of division look like? What might emerge as we set aside any need to convince or criticise, and instead seek to value our relationships with fellow community members and colleagues over these philosophical differences and physical barriers? The invitation I am hearing is to get creative, to zoom out to the bigger picture of our shared

humanity, to set as a foundation the value we have for one another and the importance of relationships, to connect and communicate, allowing community led solutions to emerge that can help us be communities, workplaces, families

that can demonstrate care, compassion and creativity and most importantly, togetherness.

*Sooze Harris* | Consultant and Strengths Coach, Leadership Lab

An advertisement for Harbour Yoga. The top half shows a bright, modern interior with a large window looking out onto lush green trees. Two cylindrical pendant lights hang from the ceiling. The bottom half is a dark grey banner with white text.

CREATE VITALITY AND CALM  
TUESDAYS AND THURSDAYS 6PM  
FRIDAYS 9.30AM

# HARBOUR YOGA

WWW.HARBOURYOGA.ORG 105 BRIDLEPATH RD PH 021882403

# What's on at Your Community Centre



Forty days until Christmas...so my ten year old keeps reminding me! Which is exciting....but also a wee bit alarming considering I still have things on my 'to do' list from January. I do love the Christmas season and also the start of a fresh year and a fresh diary however.

Covid has changed a lot of things in the last couple of years but I'm happy to say that it hasn't changed our wonderful community spirit (except for making it even better!) and our sense of connection. Our community centre is a great place to see this in action. As well as a host of wellness classes we have some lovely ways for you to connect with others, including craft group on Monday and the community morning tea on Wednesday. These groups always have a lot of friendly and welcoming faces and a hot cuppa waiting for you. You are also most welcome to pop along to the Community Association meetings held on the last Wednesday of each month (with the exception of December) at 7.30pm at the community centre. These meetings are yet another opportunity to meet others in the community, hear about what is happening and get support for any ideas or projects you might have.

Along with our weekly classes and groups we also host a number of interesting workshops including floristry, quilting, workshops for girls, and making your own plant powered products. And new to the centre we have The Cacao Ambassador running cacao and chocolate workshops and Leeya from Mikaku running tea workshops (blending your own tea and a tea ceremony). Keep an eye out on Facebook, our website, your local noticeboards and the e-mails from Jos for information on these.

And if you haven't organised your Christmas or end-of-year celebration yet then the community centre is a lovely venue with its light, modern room, full kitchen and great deck. If you are interested in using the community centre please feel free to e-mail me (Jen) [hvcc.bookings@gmail.com](mailto:hvcc.bookings@gmail.com).

Our regular schedule includes:

## **Craft Group**

Mondays 10am-12pm: Enjoy knitting, crocheting or sewing with a wonderful group of ladies each Monday. \$3 per session and morning tea and great company provided.



## **Community Morning Tea**

Wednesdays 10am – 12pm: Come and join us for a cuppa, some home baking and plenty of good company. Everyone is welcome, come alone or bring a friend. No charge. We do take a break from morning tea over the Summer school holidays. The last morning tea for 2021 will be on Wednesday 15<sup>th</sup> December and it will re-start on Wednesday 2<sup>nd</sup> February 2022.



## **Tradie Yoga**

Mondays 6pm-7pm: Keep your body and mind healthy with this great yoga class designed for tradespeople (and anyone else interested!). 2022 dates to be advised.

Contact Michele ([miaingphysio@gmail.com](mailto:miaingphysio@gmail.com))

### **Hatha Yoga Balance & Ease**

Tuesdays 9.00am – 10.30am: This is a yoga class that everyone can practise at their level. It is suitable for beginners and for experienced practitioners, for those who practise from a chair or from the ground. Regular participation will increase flexibility and strength, expand vitality and nurture well-being of body, mind and spirit bringing increasing experience of peace, balance and healthy perspective under all conditions of life.



The next nine week course starts on Tuesday 18<sup>th</sup> January 2022. Investment is \$170 for the course or \$22 per casual session if space allows.

Contact Atmavidya ([atmaavidya@atmaavidya.co.nz](mailto:atmaavidya@atmaavidya.co.nz)) or visit [www.atmaavidya.co.nz](http://www.atmaavidya.co.nz)

### **Santosh Yoga with Breeze**

Tuesdays 6pm – 7.30pm: Small group yoga designed for all ages and stages. Connect with your body, de-stress and get stronger and more flexible.

Classes will run on February 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup> & 22<sup>nd</sup>; March 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> & 29<sup>th</sup> and April 5<sup>th</sup> & 12<sup>th</sup> 2022

Contact Breeze ([yogawithbreeze@gmail.com](mailto:yogawithbreeze@gmail.com))

### **Yoga with Lucy**

Wednesdays 6pm – 7pm AND now also Fridays 9.15am – 10.15am: These classes are suitable for all levels of experience, and a wide range of ages. The focus is on linking the breath with our practise, flowing and stretching through a mostly simple range of asana (poses) the outcome of which brings you into a good alignment with your centre.

Wednesday classes will run on February 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> & 23<sup>rd</sup>; March 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> & 30<sup>th</sup> and April 6<sup>th</sup> & 13<sup>th</sup> 2022

Friday classes will run on February 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup>; March 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup> and April 1<sup>st</sup> & 8<sup>th</sup> 2022

Contact Lucy ([lucydolankang@gmail.com](mailto:lucydolankang@gmail.com))

### **Movement Rewired with Nicky**

Fridays 11am – 12.30pm: These are gentle floor-based lessons that will help you to improve your overall well-being. They utilise gentle movement, mindfulness and breathing approaches which are suitable for all age groups and all levels. 2022 dates to be advised.

Contact Nicky ([nickywoodwardnz@gmail.com](mailto:nickywoodwardnz@gmail.com))

### **Puppy Training with Sit Happens**

Thursday evenings and Saturday mornings: We are very lucky to have Sit Happens and their puppy classes at the Heathcote Valley Community Centre. The Sit Happens team are passionate about puppies so if you are looking for a pawesome puppy class, head over to <https://www.sithappens.co.nz/puppy-classes>

**Floristry Workshops:** The very talented Anna Heyes from Honey & Moss runs a variety of floristry workshops including some school holiday options for children. She uses fresh and dried flora and helps you create some amazing floral pieces such as wreaths, wall art and arrangements. For more information check out <https://www.facebook.com/honeyandmossnz/> or contact Anna ([anna@honeyandmoss.co.nz](mailto:anna@honeyandmoss.co.nz))



### **Quilting Workshops**

Kirsten Duncan is an internationally recognised quilter and we are lucky to have her running regular workshops at the Heathcote Valley Community Centre. Her work is exhibited, published and collected so you couldn't get a better tutor. You can find out more here <https://www.kirstyduncanquilt.com/> and contact Kirsten ([kirstenduncanquilter@gmail.com](mailto:kirstenduncanquilter@gmail.com))

### **The Cacao Ambassador:**

Also new to the community centre is The Cacao Ambassador who share the power, wisdom and heart of cacao. Dom and Oonagh run workshops all over New Zealand. Check them out here <https://www.facebook.com/thecacaoambassador>

### Plant Powered Products

Learn how to make your very own natural cleaning products and body and skincare products which are better for you and the environment. Kirsten Wyllie regularly runs her awesome workshops at the Heathcote Valley Community Centre. Find out more here <https://www.facebook.com/plantpoweredworkshops> or contact Kirsten ([kirsten.w@xtra.co.nz](mailto:kirsten.w@xtra.co.nz))

### Mikaku Tea Workshops

We welcomed Leeya from Mikaku Tea to our community centre this month and she is back next year with more fabulous Tea Workshops where you can blend your own tea and take part in a tea ceremony. Leeya's first workshops for 2022 will run on Sunday 30<sup>th</sup> January and Sunday 27<sup>th</sup> February. <https://www.facebook.com/Mikakutea> . Contact Leeya [hello@mikakutea.co.nz](mailto:hello@mikakutea.co.nz)

### Celebration Day for Girls

Alice Tabak runs these amazing one-day workshops that educate and empower girls about their menstrual cycle, body literacy, health, self-care and well-being. The next workshop at the Heathcote Valley Community Centre will be on Sunday 6<sup>th</sup> March 2022. Groups are kept small so be sure to book your daughter in soon. Contact Alice ([cdg.alicetabak@gmail.com](mailto:cdg.alicetabak@gmail.com))



## Glimpses of Heathcote

from our locals



# Our Local Councillor

## Sara Templeton

Kia ora koutou,

I don't know about you, but it's felt like a really long year and I'm looking forward to a break with my family. The warmer weather is here, our wisteria has had its best showing ever along the verandah and there are plenty of apricots and plums on our trees.



When it comes to local Council projects the two big ones kicking off at the moment are the Moncks Bay section of the Christchurch Coastal Pathway and the Heathcote Valley to Tannery section of the Heathcote Expressway major cycleway. These are both now government funded through shovel-ready funding, but are projects that the community has been asking for for decades. It's great to see them finally coming to reality!

You'll also be aware of the local Birdsey Reserve landscaping plan. We've had really thoughtful and thorough feedback from the community and the community board will make a decision on the plan early in 2022. I'm looking forward to hearing from residents in person as part of that meeting too – your feedback really does make a difference.

I love the huge local support for environmental projects at the moment – multiple ecological restoration projects across the Valley and the wonderful food forest. We'll be helping out with maintenance and watering over the summer.

As always – if you've got a local issue you'd like to raise, please get in touch [sara.templeton@ccc.govt.nz](mailto:sara.templeton@ccc.govt.nz). I have a Facebook page that I update daily with local news, community events and engagement opportunities [Facebook.com/saratempletonchch](https://www.facebook.com/saratempletonchch). I've also set up a website recently as I've had feedback from those who don't use social media. It's a work in progress, but it also gets updates with the latest news and events [www.saratempleton.nz](http://www.saratempleton.nz).

Ngā mihi,  
Sara.



## New Electric Buses



The popular Orbiter bus route has, from this week, seven new electric vehicles joining its ranks, as Christchurch's fleet of electric and ultra-low emission vehicles grows. By the end of this year, 28% of Metro's fleet will be electric or ultra-low emission thanks to a further 18 new electric buses, growing to 40% in the next two years.



I found this photo from early 1950s; cubs and scouts from all over Christchurch had gone by train to Lyttelton then walked down the Bridle Path to congregate at Heathcote Domain where this photo is taken. I belonged to a cub pack that met in a hall in Aldwins Rd. (I am in the front row, 2<sup>nd</sup> from left)

Grant Windsor

**Christchurch**  
City Council

We would like to extend our thanks to the Christchurch City Council for their financial support. This has helped us continue to support Heathcote, strengthen our relationships, remain a strong connected and engaged community.

# News from the Church of St Mary

After worship last week, I was having a conversation with a group of parishioners about their Christmas preparations. There was a consensus that Christmas was all for children. As a father of three, I certainly agree that so much of the magic of the occasion is in sharing the day with those to whom we are closest.



*Mark Sullivan, Vicar*

But Christmas, is not so much about our kids as it is about Jesus Christ. It seems (that even in our Christian tradition) we mistake the true significance of the event in favour for the response we find amongst the young ones.

As a priest in the Church of Jesus Christ, I love Christmas (the Christ Mass). I admit to getting swept up in the secular observances of Christmas trees, presents, holidays, Christmas functions as well as the general demeanor that seems to surround us during the few weeks leading up to, and following December 25. I guess it's easy to succumb to the natural excitement of the event.

God sending his Advocate into the world as a helpless baby does challenge our perceptions as to how the greatest, the most recognisable person the world has ever known might have been introduced to humanity. After all, the three greatest and most influential religions in the world worship the same God. The God of the Christians, is also the God of the Jews (Yahweh) and also the God of the Muslims (Allah). All three acknowledge Jesus Christ, even though only the Christians recognise Christ's divine status.

The "romantic" side of me rejoices in the Christian traits that are so evident in each of us at Christmas time. I am further surprised and encouraged at the lead up preparations that many put into the year, just to increase the seasonal experiences for those who are less fortunate.

There is a person in our community who each week sits in the Valley Inn selling tickets for a raffle. She is not representing any organisation; but sells raffle tickets to raise money to provide a Christmas meal for those who are lost and alone at Christmas. To the best of my knowledge she doesn't attend church, certainly not the

Anglican Church in Heathcote, but her intentions to create a "Christmas" for those who are robbed of the event in some way, is truly inspiring.

This year, the event has been cancelled because Covid restrictions have proved too challenging for the organisation of the event. I offered to release funds so that her event might continue, from our annual sale of our Christmas trees. (The sale proceeds of this initiative are always directed to community support as opposed to church funds.)

In my mind, it is the ministry of the likes of this woman that reveal to us the true meaning of Christ's gift to the world. Last year I wrote about how we might extend the event of Christmas in our local community for the other 364 days. Recently, through the passion and interests of this good person, I saw the true response to this challenge of 12 months ago. Her Christmas begins on Thursday nights after December 25, and continues throughout the year.

For the past couple of years, Covid-19 has dominated our news. Increasingly commodities are becoming harder to acquire, businesses are finding it difficult, we must wear masks whenever we go to places, we can't have large numbers gathering in one place, we can't visit our Auckland friends and relatives (and they can't visit us), our families overseas are now out of bounds unless we can secure a place in quarantine, and so it goes on. I have been told to shop early because it is likely that there won't be a resupply of items before Christmas due to shipping hold-ups.

I wonder whether Covid-19 might provide us with an incentive to look at Christmas differently. Might it be an opportunity to look at the original intentions of the day and to take hold of the gift that was presented to us through the birth of the Christ-Child? Instead of focusing upon our children and the secular trappings, why not consider the wider implications in the world as we know it? Might we take a leaf from the Valley Inn Raffle Lady and move beyond our paradigms into making this city (which bears Jesus' name) a better place in response to the birth of the Christ-Child.

The Anglican Church is the last remaining Christian worship space in Heathcote and the last church on St Andrews Hill. Regardless of your denomination or your understanding of God, why not join us for worship in your community this year. Use this as an opportunity to give thanks for the beauty we see in each other; the beauty of relationships; the beauty of hope that we see in the dawning of the new day; the beauty in the lives of others who give us energy and reason; for this Covid infected world and for the lives of those who went before us who have provided a life and experience for us to build our lives upon. And who knows, perhaps in

conjunction with the well-known songs and responses we sing, we might just make this Christmas a little bit more special than the one before.

### Please note for your diary

#### Sunday 19 December

10am Children's service  
Church of St Mary

#### Sunday 19 December

7pm Carol Service  
Church of St Mary

#### Friday 24 December

10:30pm Christmas Eve  
Church of the Ascension

#### Saturday 25 December

9am Christmas Day  
Church of St Mary

#### Sunday 26 December

10am Feast of St Stephen  
Church of the Ascension



Each year we make a Christmas cake in Church. It is cut and distributed to all who attend our Christmas worship services. This is a photo from our service on 21st November.

## Heathcote Community Garden Update

Many of the Valley residents will be aware that we have a community garden that is located behind St Marys Church in Martindales Road established following the Christchurch earthquakes. Many will not be aware that it has been re-established after falling into a neglected state and is currently under re-development.

Progress since I became the coordinator two years ago has come a long way from the overgrown and "out of control" garden we were initially faced with.

With a couple of working bees and a forward plan, the garden was successfully made operational again. A lot of weeding and digging saw the garden gradually come to life and a couple of the raised beds were productive again. Continuing diligence from a few volunteers, saw more of these beds re-established, planted and harvested.

About a year ago, we were told that the church wished to subdivide the land where the garden is situated and a plan needed to be hatched to maintain its future. In conjunction with the church, developers and the community garden committee, we came up with a redevelopment plan which, after approval, is now under way.

We have also established our own Facebook page and email contact and have registered the garden as a charity. We are also linked to the Canterbury Community Gardens Association who have been helpful during lockdown by supplying us with surplus plants that were unable to be retailed at that time. These are now in the process of harvest. Soon we will be hosting some "open days" when you are invited to come along and meet the committee members and learn how to become a part of this wonderful asset.

We invite you to check our FB page <https://www.facebook.com/groups/1220815585088673> and keep an eye on updates, open days and photographs. Email us with any comments or discussions at [heathcotecommunitygarden@gmail.com](mailto:heathcotecommunitygarden@gmail.com)

Regards from the committee, John, Kate, Amelia and Jan.

## Neighbourhood Groups at St Mary's Village Hall Martindales Road



### Otautahi Aikido

Details of Otautahi Aikido and the children's and other classes are on their web pages:

[www.aikido.gen.nz](http://www.aikido.gen.nz)

Contact: Liam O'Donoghue, 021 727 690.

### The Heathcote Valley Wool Craft Group

*Thursdays, 9:15 to 11:45am*

This group of enthusiasts meets weekly to spin, knit and create with wool. Anyone is welcome to join.

Contact Felicity Backhouse at

[thebackhouses@slingshot.co.nz](mailto:thebackhouses@slingshot.co.nz)

or Ph 384 1755

### Twinkle Tots

*Friday mornings from 10.30 to 11.10am during school term times.*

Twinkle Tots is a song and dance activity for pre-school children up to four years of age accompanied by a parent or care-giver. It is followed by a relaxed morning tea/coffee/water and a nibble. It is operated by the parish.

Contact: Suzanne Stewart, phone 027 285 1843

### Sumner Guides

*Mondays during school terms, 6:30-8.00pm*

Contact Jane Walders: [Rapaki.District@gmail.com](mailto:Rapaki.District@gmail.com)

### Brownies

*Tuesdays during Terms, 6.00-7:30pm*

For 7 to 9½ year olds, Brownies is all about fun.

Contact Jane Walders: [Rapaki.District@gmail.com](mailto:Rapaki.District@gmail.com)

## News From Heathcote Valley Library



### Some of our newest adult titles

|                      |                                              |
|----------------------|----------------------------------------------|
| Bublitz, Jacqueline  | Before You Knew My Name                      |
| Kelly, Cathy         | Other Women                                  |
| Roberts, Nora        | Bay of Sighs                                 |
| Riley, Lucinda       | The Missing Sister                           |
| Roberts, Nora        | Hideaway                                     |
| Hashimi, Nadia       | Sparks Like Stars                            |
| Burke, James Lee     | The New Iberia Blues                         |
| Macfie, Rebecca      | Helen Kelly, Her Life                        |
| Grisham, John        | Sooley                                       |
| Buchanan, Greg       | Sixteen Horses                               |
| Robertson, Catherine | Spellbound                                   |
| Nable, Matt          | Still                                        |
| Smith, Wilbur        | Legacy of War                                |
| Sittenfeld, Curtis   | Rodham                                       |
| Nell, Joanna         | The Great Escape From Woodlands Nursing Home |
| Fallon, Jane         | Worst Idea Ever                              |
| Feeham, Christine    | Murder At Sunrise Lake                       |
| Moyes, Jojo          | The Last Letter From Your Lover              |

### Library Opening Hours

|           |                    |
|-----------|--------------------|
| Monday    | 2:00pm to 4:00pm   |
| Tuesday   | 2:00pm to 4:00pm   |
| Wednesday | 11:00am to 12:00pm |
| Thursday  | 2:00pm to 4:00pm   |
| Friday    | 2:00pm to 4:00pm   |
| Saturday  | 10:30am to 12:00pm |

**Please scan the barcode for contact tracing or fill out the contact tracing sheet when coming to the library. There is also hand sanitiser for your use.**

# News from the Heathcote Community Sports Club

As we quickly move to the end of another year, we can look back on 2021 as a successful one for our club. While Covid 19 did cause a close down for a short time, our members were still able to enjoy the sports we offer when we reopened.

Our plan to do some major top dressing of the bowling green had to be scaled back due to a period of wet weather at the critical time, so instead we changed course and opted to do a light upgrade this year. This has worked out well.

Our membership is looking healthy, and we have welcomed more new members who joined us this year.

Over the past few weeks a team of members have carried out an upgrade of the petanque terrain. It was a chance to level the area out more, and replace the top cover material. This has made it better to play on.

Indoor bowls takes a break for the summer period, but one mat has been left down in case any members still want to play the odd game or two.

Bookings for our facilities have been good throughout the year, and the club is now looking at some “bowls & barbecue” evenings for members and others over the next few months of summer.

Just a reminder of the playing hours: Saturdays and Sundays 2pm to 4pm. – Tuesday twilight bowls 6.30pm to 8.30pm.

Annual subscription fee is \$70.00. This entitles members to play all of our sports year round.

We continue to welcome new members and can provide equipment and coaching for all sports. Come along and try your hand at these and enjoy a friendly social time with new people at the same time.

I wish all members and Valley residents a very Merry Christmas and a Happy New Year.

Peter Murray  
Chairman Ph. 021 167 1690.

# News from the Heathcote Cricket Club



The new cricket season is now well underway, and so far, the weather on Saturdays has been decidedly average. The season started a week later than expected due to the most recent Level 3 Alert Level, which prevented some of the necessary work on grounds.

This year our club has one less adult team than last year. We have nine men's teams and one women's team, and we have three men's teams playing in the top four grades. With an additional nine junior teams, our Club Captain, Dave Stack, and our Junior Club Captain, Matt House, certainly have their work cut out co-ordinating all these teams, and both are doing an excellent job.

The top four men's grades have started the season playing two-day cricket, and our Premier team has got off to a commendable start, beating Burnside West outright and drawing with Sydenham. Shortly we will be starting the T20 part of the competition. They will be followed by the one dayers, before returning to two-day cricket to complete the season .

In addition to the nine junior teams that play on a Saturday morning, we also run the Friday night 'Have a go' sessions for the younger kids. These are proving to be as popular as ever, and the club would like to thank



all the Friday night people who help out both on and off the field, making sure that the evening runs

smoothly. With between 80 and 100 junior cricketers running around, it is not a simple task.

With the programmes that we run, and most of our teams having practice nights, the Domain is in use pretty much every day, and our volunteer grounds people do a great job making all this possible. Roger Georgieff, Tony Collins, Kit Chambers, and Ralph Bungard, do the bulk of the work at Heathcote. The

club very much appreciates the support we receive from the local community, a community that we certainly feel very much a part of.

Let's hope that the weather on Saturdays improves, and we have a long, sunny, and successful season ahead of us.

Ken Lomax, President



## News From Heathcote Valley Library

**Merry Christmas and a  
Happy and Safe New Year!**

### **Library Opening Times over Christmas and New Year**

*Closed 24<sup>th</sup> December to 28<sup>th</sup> December*

*Open 29<sup>th</sup> December 10am to 12 Noon*

*Closed 30<sup>th</sup> December to 2<sup>nd</sup> January 2021*

*Reopening Monday 3<sup>rd</sup> January to normal hours of*

*Monday, Tuesday, Thursday and Friday 2pm to 4pm.*

*Wednesday 11am to 12 Noon and Saturdays 10.30am to 12 Noon.*

### **Children's Christmas Books**

Our collection of Children's Christmas books are now out on the shelves, great New Zealand Christmas stories and activities.



### **Our Latest Adult Fiction Titles**

|                                  |                  |
|----------------------------------|------------------|
| Mclvanney, William & Rankin, Ian | The Dark Remains |
|----------------------------------|------------------|

|               |                   |
|---------------|-------------------|
| Hammer, Chris | Treasure and Dirt |
|---------------|-------------------|

|                 |                  |
|-----------------|------------------|
| Deaver, Jeffery | The Cutting Edge |
|-----------------|------------------|

|               |           |
|---------------|-----------|
| Silva, Daniel | The Black |
|---------------|-----------|

|             |                  |
|-------------|------------------|
| Boyne, John | The Echo Chamber |
|-------------|------------------|

|                  |                     |
|------------------|---------------------|
| Kennedy, Douglas | Afraid of the Light |
|------------------|---------------------|

|                   |            |
|-------------------|------------|
| Franzen, Jonathan | Crossroads |
|-------------------|------------|

|           |                  |
|-----------|------------------|
| Nesbo, Jo | The Jealousy Man |
|-----------|------------------|

|                |                 |
|----------------|-----------------|
| Pearse, Lesley | Without a Trace |
|----------------|-----------------|

|                   |                    |
|-------------------|--------------------|
| Lauren, Christina | The Unhoneymooners |
|-------------------|--------------------|

|                |                   |
|----------------|-------------------|
| Bridges, Simon | National Identity |
|----------------|-------------------|

|                |      |
|----------------|------|
| Francis, Felix | Iced |
|----------------|------|

Please wear a mask and scan the barcode for contact tracing or fill out the contact tracing sheet when coming to the library. There is also hand sanitiser for your use.

## Work on the Moncks Bay section starts this month

### Fulton Hogan has been awarded the contract to fill the missing link for Te Ara Ihutai

Work to complete the 'missing link' in the Coastal Pathway, which will allow pedestrians and cyclists to travel safely offroad all the way from Ferrymead to Scarborough, is about to get under way. The makeover is due to start on 15th November and is expected to be finished in mid 2023.

Christchurch City Council Acting Head of Transport Lynette Ellis says "every effort is being made to minimise disruption for residents, and road and path users while the work is carried out."

New stormwater and wastewater pipes, and power cables will be laid in Main Road in advance of the construction of the path structure. The path construction will be followed by the final road resurfacing and streetscape improvements.

Several new pedestrian crossing islands will be installed to improve safety for residents and Coastal Pathway users. "This project will finally mean users can comfortably travel the whole length of the Coastal Pathway, appreciate the estuary, and will create an iconic resource for residents and visitors," Ms Ellis says. Christchurch Coastal Pathway Group Chairperson Hanno Sander says "We've worked hard with the local community and City Council to make this happen, and are proud to see our vision becoming reality". Contractor Fulton Hogan has been appointed by Council to carry out the work.

### Matapopore cultural narrative design work

As project manager of the construction of the Moncks Bay section, the Christchurch City Council (CCC) has engaged the services of the Matapopore Charitable

Trust to design a cultural narrative for this part of the pathway. The Matapopore Charitable Trust has been established by Te Ngāi Tūāhuriri Rūnanga for the provision of cultural advice on Ngāi Tūāhuriri / Ngāi Tahu values, narratives and aspirations for the anchor projects and any other projects associated with the regeneration of Ōtautahi.

Recently the CCPG committee invited Debbie Tikao from Matapopore to discuss the preliminary ideas the team at Matapopore are developing to tell the story of this part of Ihutai/Avon Heathcote Estuary. We were very excited to learn that Moncks Bay and Rapanui/Shag Rock are significant landmarks for Ngāi Tahu and play a key role in the history of the estuary and peninsula.

Matapopore is working on design elements for the pathway that will draw attention to the cultural heritage of the area and provide an educational experience for pathway users. We believe the storytelling in this design work will be a major enhancement for the Moncks Bay section of Te Ara Ihutai.

### Beachville and Causeway planting bee

A big shout out to all our volunteers who turned up on a chilly Sunday in June to plant out the verge beside Beachville Road and reinstall cabbage trees on the Causeway. Despite the inclement weather, the work was done quickly and efficiently and the pathway is all the better for it. Thanks also to Trees for Canterbury for supplying the trees.



The tree planting volunteer team

## Support Your Community Association

Currently the Heathcote Valley Community Association (HVCA) depends on grants and residents' donations to fund its activities, including the creation and distribution of our printed newsletters, support of community events and the maintenance of community facilities such as the community centre and noticeboards. We would love it if you could show your support and ensure our work continues by making a donation to the association. Any financial support is welcome, however our suggested donation is \$15 per household per year. It would be greatly appreciated if your donations for the year are received by 31st July.

You can donate by cash or direct credit. We will not send a receipt unless you specifically request one.

### Cash:

Post or drop off your donation to Lindsay Gordon, Treasurer, Heathcote Valley Community Association, Villa 50, Maltworks Villas, 60 Port Hills Road, Heathcote Valley, Christchurch 8022. Please remember to include your details (name and address) in the envelope.

### Internet Banking:

The Heathcote Valley Community Association's bank account number is: 03-1369-0182187-00

Please use the following codes:

Particulars: Donation

Code: Your family name

Reference: Your address

Queries: [Heathcotevillageproject@gmail.com](mailto:Heathcotevillageproject@gmail.com)

### COMMUNITY MORNING TEA

ENJOY TEA OR COFFEE, HOME BAKING AND GREAT COMPANY AT  
THE HEATHCOTE VALLEY COMMUNITY CENTRE

Each Wednesday 10am - 12pm during school term time

Everyone welcome, come alone or bring a friend

No charge



## In Case of Emergency ... Local Defibrillators



Although we hope you never need one—it's good to know there are some about.

- Lyttelton Road Tunnel Control Room  
10 Bridle Path Rd. Access 24/7
- At the top of the Gondola
- The Valley Inn—open every day 10am to 11pm
- See <https://aedlocations.co.nz> for more locations around Christchurch.

## Heathcote Valley Online

Keep an eye on our Facebook page for updates and local events at :

[www.facebook.com/heathcotevillageproject/](https://www.facebook.com/heathcotevillageproject/)

### RECIPE

## Sparkling Berry Punch

*This refreshing sparkling berry punch recipe was made to be enjoyed in the summer sun! Make an alcohol free version by swapping wine for sparkling grape juice, lemonade or soda water.*



### Ingredients

- 250 gram mixed fresh or frozen berries
- 1/4 cup caster sugar
- 1 lime, juice and zest
- 1 cup water
- 1 bottle sparkling white wine
- mint and lime wedges

### Method

Whizz the frozen or fresh berries with the caster sugar, lime juice and zest and water until finely blended. Place in a jug and top up with the sparkling wine. Serve with mint and lime wedges.